

2025 American Society of Retina Specialists
Business of Retina Meeting
Fellows Seminar Handout Book

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JOINING A PRACTICE

THE INFLUENCE OF PRIVATE EQUITY

Thomas Stone, MD
Retina Associates of Kentucky
ASRS Business of Retina
March 28, 2025

1

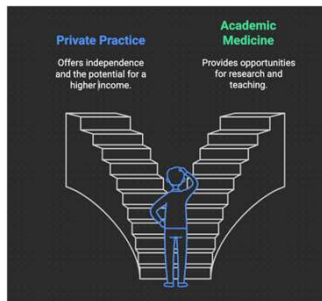
Financial Disclosures

Company	Relationship	Has Ended?
Regeneron	Advisory Board Member	Has not ended
Genentech	Advisory Board Member	Has ended
Alcon	Advisory Board Member	Has ended
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Alimera	Advisory Board Member	Has ended
Vertex Surgical	Stock Private	Has not ended
Endive Medical Education	Speaker Bureau	Has ended

- Member of a private practice group acquired by Private Equity in 2021

2

The Traditional Pathway



3

Private Practice

Solo Private Practice


Offers independence and control over practices but may lack collaborative support.

Retina Only Group Practice

Focuses on specialized retina care with a team but may limit broader practice scope.

Multiplicity Group Practice

Provides diverse specialties and collaborative opportunities but may involve shared decision-making.



- Any of these can join with Private Equity

4

By The Numbers


- 2022: 8% Ophthalmology in PE
- 2024: Over 35 Organizations
- Particular interest in Retina Injectables

A 2019 study identified 3,113 retina providers in the US, consisting of 2,113 retina specialists and 1,000 comprehensive ophthalmologists who also perform retina procedures (referred to as "hybrid providers") [5]. However, it's worth noting that this data is now several years old and the numbers have likely increased since then, given the growth trend in the industry.

...of the total number of retina specialists in the US, 1,000 are hybrid providers who also perform retina procedures. This represents approximately 47% of all retina specialists in the US. The remaining 1,113 are pure retina specialists. The number of hybrid providers has increased significantly since 2019, reflecting the growing trend of ophthalmologists performing retina procedures.

5

The Typical View of PE



Increases in Medicare Spending and Use after Private Equity Acquisition of Retina Practices

...of the total number of retina specialists in the US, 1,000 are hybrid providers who also perform retina procedures. This represents approximately 47% of all retina specialists in the US. The remaining 1,113 are pure retina specialists. The number of hybrid providers has increased significantly since 2019, reflecting the growing trend of ophthalmologists performing retina procedures.

Managed Healthcare

"Our staff will always view the PE (private equity) sale as harmful to them," argued Richard S. Kaiser, M.D., a retina surgeon at the Wills Eye Hospital in Philadelphia. "They will not be motivated to work as hard for you or the practice. Junior partners feel universally betrayed by sale."

When it came time for the AAO audience to vote on who won the debate, Kaiser prevailed by a wide margin, 91% vs. 9% over the private equity's proponent, David M. Brown, M.D., an officer and stockholder in Retina Consultants of America, one of the largest private equity-owned retina groups in the country, which lists 104 locations on its website.

6

Types of Private Equity Entities

- Traditional Private Equity with or without prior healthcare assets
- Management Service Organizations (MSOs)
- Platform Companies
- Secondary Strategies with Eyecare Experience
 - This is mainly what we're seeing in this space

7

BECKER'S ASC REVIEW

10 private equity giants behind the ophthalmology industry

Clare Wallace • Wednesday, May 19th, 2021

The private equity backed giants control over 300 ophthalmology practices nationwide, having a major hand in the industry. Here are the 10 largest private equity companies in ophthalmology:

1. **Blue Bird Capital Partners** is a private equity firm and a value-added partner that provides business growth solutions. Blue Bird controls several ophthalmology brands, including leading platform company EyeCare and general ophthalmology EyeCare Express.
2. **Novellus Vision Partners** is a private equity fund offering operational, administrative, revenue cycle and marketing services to the 15 practices in the Southeast.
3. **Retina Consultants of America** is the largest retina care provider in the nation, managing over 220 practices in 200 practices across 26 states.
4. **Prism Vision Group** is an integrated eye care organization that affiliates with independent eye practices to create a full-service eye care organization with 22 practices in the East Coast.
5. **EyeSouth Partners** is a private equity backed management firm with 15 affiliated practices and 200 physicians across 100 hospitals.
6. **Vision Integrated Partners** is a private equity backed medical and ASC management company. It has 23 practices and 12 ASCs across 26 locations.
7. **Valley Vision Partners** provides growth opportunities for its partners. It has 17 ophthalmology and ASC practices nationwide.
8. **RightNet** is a multi-specialty vision providing services for its 18 vision care centers and nine ophthalmology centers Florida.
9. **EyeCare Partners** is a physician led, private equity backed management organization with 65 ophthalmology and optometry practice partners nationwide.
10. **Advancing Eyecare** is backed by private equity firm Atlantic Stone Capital. It has one of the largest portfolios of ophthalmology practices and ophthalmologists in the U.S.



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My Background

- Training
- Retina Only Private Practice 2002
 - 4 Retina Surgeons 
 - Expanded Clinically 2013-2020 to 8
- Acquired by EyeCare Partners 2021

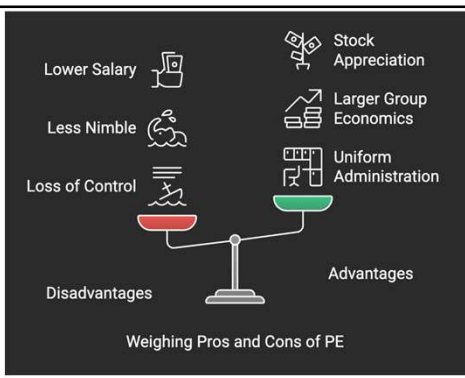
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Why Should You Care?

- Will I have control over my practice?
 - Schedule, locations, staffing, equipment
 - How much control do I want?
- What is my potential income?
 - Salary and benefits
 - Capital appreciation



10



11

Disadvantages of Private Equity

- Disadvantages
 - Loss of administrative control
 - Less nimble
 - Lower salary

1. **Loss of Autonomy** – Physicians may have less control over clinical decisions, scheduling, staffing, and overall practice management.
2. **Pressure to Increase Revenue** – Private equity firms focus on maximizing profits, which can lead to increased patient volume, more procedures, or cost-cutting that affects care quality.
3. **Short-Term Focus** – PE firms typically operate on a 3-7 year investment cycle, aiming for quick profitability, which may not align with long-term patient care goals.
4. **Higher Patient Costs** – To boost revenue, practices may introduce higher fees, more aggressive billing, or out-of-network charges, potentially impacting patient satisfaction.
5. **Physician Burnout** – Increased productivity demands, longer hours, and financial performance targets can lead to dissatisfaction and burnout.
6. **Job Insecurity** – After acquisition, PE firms may restructure, leading to layoffs, reduced salaries, or altered employment agreements for physicians and staff.
7. **Decline in Practice Culture** – A shift from a physician-led model to a corporate structure can change the workplace atmosphere, making it feel more like a business than a medical practice.
8. **Exit Uncertainty** – After the PE firm sells the practice to another investor (which is inevitable), future ownership may bring further changes, creating instability.
9. **Reputational Risk** – Patients and referring providers may view a PE-owned practice as prioritizing profits over care, potentially damaging trust and referrals.

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Advantages of Private Equity

- Control
 - Uniform administration
 - HR issues, Coding/billing issues
- Financial
 - Larger group economics
 - Drugs, equipment and supplies
 - Appreciation of Stock

- 1. Immediate Financial Payoff** – Physicians who own the practice may receive a significant upfront payment, providing liquidity and financial security.
- 2. Operational Efficiency** – Private equity firms often bring business expertise, streamlining operations, cutting costs, and stopping revenue cycles.
- 3. Access to Capital** – Practices gain access to funding for new technology, equipment, expansion, and infrastructure improvements.
- 4. Negotiating Power** – Larger consolidated groups may have better leverage in negotiating insurance contracts, vendor pricing, and reimbursement rates.
- 5. Reduced Administrative Burden** – Management services provided by the private equity firm can handle billing, compliance, HR, and other back-office functions, allowing physicians to focus more on patient care.
- 6. Growth Opportunities** – PE-backed groups can expand more rapidly, opening new locations, acquiring smaller practices, or integrating additional services.
- 7. Economies of Scale** – A larger network can distribute costs more effectively, reducing overhead per physician.
- 8. Exit Strategy** – For physicians nearing retirement, PE acquisition can provide an attractive exit plan without the burden of selling the practice independently.

13

The Debate

EDITORIAL • J Vitreoretin Dis. 2023 Jul 13;7(4):271-272. doi: 10.1177/24751264231178991 ©

Private Equity Purchases of Retina Practices: Their Focus on Profit Is a Threat to Healthcare

John T. Thomason

Article notes • Copyright and License information
PMCID: PMC10621709 PMID: 37927321

Why We Partnered

"We look forward to leveraging the resources of Retina Consultants of America to allow us to enhance our ability to offer the highest quality and most personalized retina care to our patients. This alliance will also offer promising new therapies from the broad clinical research portfolio of Retina Consultants of America."

— Dr. John Thomason



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Your Decision

- Geography
- Family Considerations
- Reputation of the Group
- Position within the Group
- Financial Considerations

15

More Considerations

- If I join a private practice, will it be acquired by Private Equity?
- If I join a Private Equity owned practice, what are my opportunities for getting stock?

16

My Opinion

- The best PE practice is better than most Private Practices
- Former Fellows Experience
- RAK Experience
 - Pros: Admin help, larger group
 - Cons: Not as nimble, unsure financial

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Thank You

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NADEEM N. VAIDYA, M.D., RETINA ORANGE COUNTY, INC. ASRS BUSINESS OF RETINA 2025 - FELLOW'S SEMINAR

MARKETING FOR THE GRADUATING FELLOW

1

TAKE CONTROL - SEARCH ENGINE PRESENCE

- Google Yourself
 - Search Engine Yourself!
 - Don't Stop at Page 1 ...
- Google My Business
- Government Registration
 - PECOS
 - NPI
- Doximity
- Review Websites
 - Healthgrades
 - WebMD
 - Vitals

2

TAKE CONTROL - SOCIAL MEDIA

- Facebook
- Instagram
- X
- Other
- Plant your flag
 - Physician not influencer

3

ADVERTISING

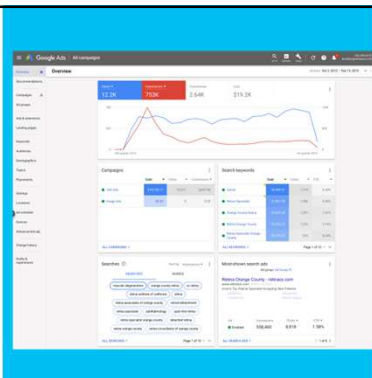
- 3 A's - availability, affordability, ability
- Word of mouth is great, but takes time
 - Reviews help a great deal (more on this later)
- Cultivating referral sources important, but difficult to change referral patterns without being established, or without word of mouth
- Direct mail is difficult to monetize/analyze
- Advertising
 - Google Ads
 - Bing Ads
 - ? Facebook Ads



4

ADVERTISING - GOOGLE

- Efficiency
 - 1-2% click rate is excellent
- Extremely cost effective
 - Roughly a 10 to 1 return on investment
 - Easy to analyze metrics
 - Target certain key demographics
- Don't just use the keywords Google suggests
 - Aim for keywords that people would actually use



5

PATIENT ACQUISITION

- Appointments
 - Practice Management system integration with your website
 - Direct patients there straight from Google search

6

EFFICIENCY - ANALYTICS

- Create goals to see what patients do on your site
- How many follow through to make an appointment
- How many are visiting certain pages?

7

ANALYTICS AND DEMOGRAPHIC S

- Learn who is coming to your website and from where
- Continue to target key demographics and efficient sources of search volume
- Greater efficiency of mobile search - make sure your webpage is mobile friendly

8

Pageviews for page /about/insurances/cash-prices' spiked yesterday
Jan 30, 2019

On Jan 30, 2019, page /about/insurances/cash-prices' had 16 pageviews. That's a spike in the original forecast range of 1.13 to 10.7 pageviews.

Know what people are searching for and what they want, and where they coming from to further increase the efficiency of each dollar spent

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ADVERTISING - FACEBOOK

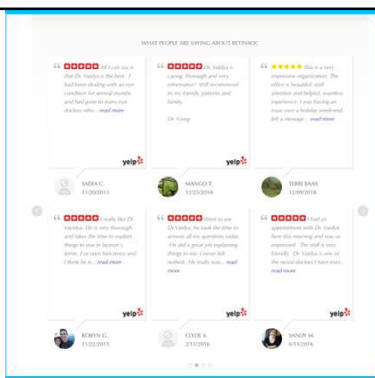
- Micro-targeting
- Do enough old people use Facebook, Instagram, Whatsapp?



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REPUTATION

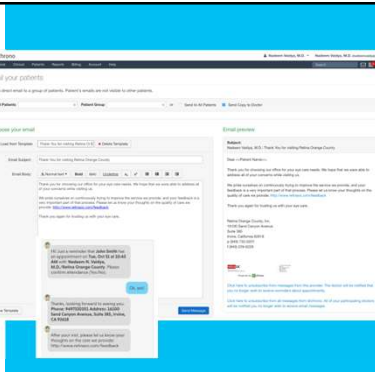
- Reviews, reviews, reviews
- Quality over Quantity
- Prompt every patient
- Filter good reviews to Yelp, Google, Facebook, Healthgrades, Vitals, etc.
- WP Review Slider Pro
- DemandForce, SolutionReach, etc.



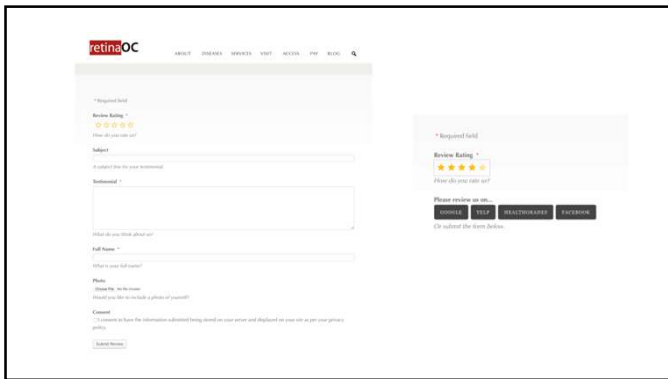
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ENCOURAGING REVIEWS

- Prompt every patient
- Every patient gets an email generated from my EMR the week after their visit
- Every reminder text comes with a feedback link




12



13

AUTOMATED REMINDERS

- Reduce no show rate by 72%
- Get confirmation for appointments with active patient input
- Reduce staff time making calls
 - Patients screen calls
- If you give patients the opportunity to cancel, will they cancel at a higher rate?
 - Generally, no
 - Plan with certainty for walk-ins
 - Inform patients of the opening

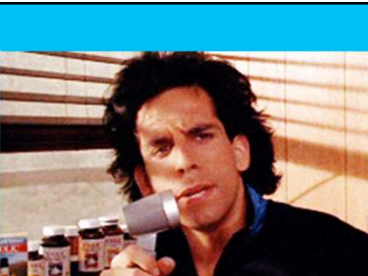


Don't Forget!

14

CANCELLED APPOINTMENTS

- When a patient cancels how do you fill the slot?
 - Automated wait list apps text patients with appointments that match the cancelled appointment type
 - Limits prevent revisits within a certain time frame
 - All without human intervention



Attention campers: Lunch has been cancelled today, due to lack of hustle.

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IN PERSON VISITS

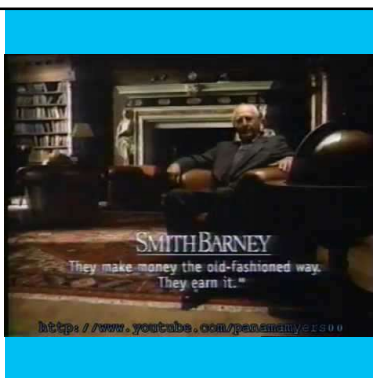
- 3A's
- Visit your local PCPs, optometrists, ophthalmologists
- Do CE talks
- Do talks to patients where they are
- Always remember to bring treats...it's hard to get past the front desk without them




16

CONCLUSION

- Marketing is hard starting out
- Investments made now will pay off in the future
- Direct to patient marketing is underutilized in retina
- Direct to physician marketing is thought of as the cornerstone but is the hardest, and should be thought of as the last option



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Bay Area Retina Associates
Diseases and Surgery of the Retina and Vitreous

**BOR 2025:
Practice Structures & Compensation**
What are you getting into?

Tushar Ranchod, MD

1

What will we cover today?

- Legal structures of retina practices
 - Corporations, partnerships, management services organizations
 - **What happens when you "buy in" to one of these?**
- Compensation structures
 - **What are the various structures you may encounter?**
- Benefits and how to value them
 - Disability and parental leave
 - Health insurance and retirement benefits
 - **How should you value these?**

2

Legal Structures of Retina Practices

- Practicing physicians need the legal protection of a corporation
 - Safeguard personal assets from (some) liabilities of professional work.
- **Associate physicians** are usually employees
 - Corporate structure has little impact on compensation or liability protection.
- Once you become a **partner**, corporate structure matters for:
 - Taxation
 - Benefits
 - Ownership and rights

3

Private Practice: Solo

- Sole owner of a Professional Corporation.
 - **C Corporation:** default type of corporation
 - Taxes are paid on profit, separate from the owner's income tax
 - Double taxation is avoided if the C Corp has no profit at year-end
 - **S Corporation:** election at the time of incorporation
 - Taxes are passed through to the owner, not paid at the corporate level
 - **Limited Liability Corporation**
 - Simpler requirements than a Corporation, flexible in how profits are shared
 - Can be taxed like an S Corporation
 - Not allowed in California for physicians
- No difference between structures regarding business expenses
 - Payroll, vendors, etc.

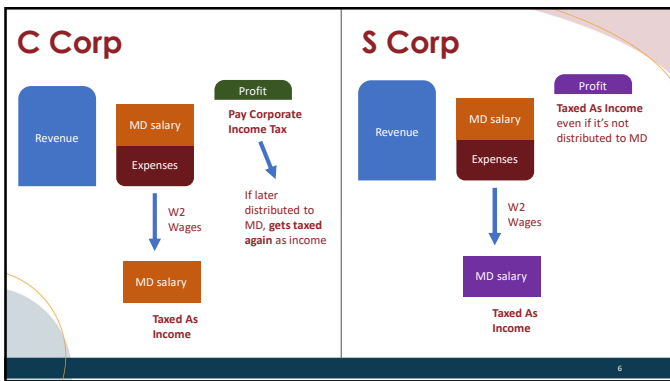
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Private Practice: Group

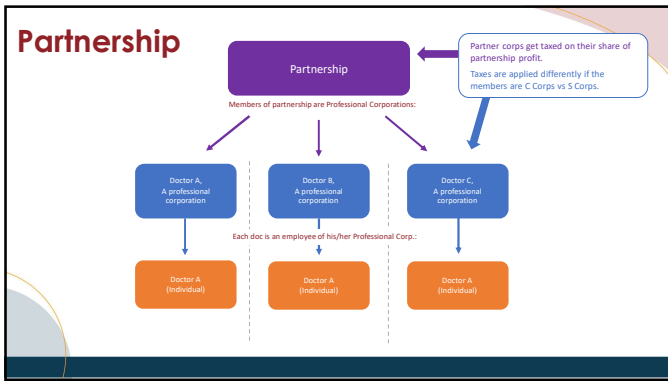
- **C Corporation:**
 - Profit left in the corporation at year-end is taxed at corporate level. If this money is later distributed to owners, it gets taxed again.
 - Significant planning may be required to flush all profit out at year-end, in order to avoid corporation taxation.
 - Allows for multiple share classes (matters more for complex practice structures)
- **S Corporation:**
 - No taxation of income/profit at the corporate level, so double taxation if money left in corp at year-end.
 - Profit left in the corporation at year-end is taxed at the individual owner level, pro rata by ownership
 - Can only have one share class
- **Limited Liability Corporation**
 - Less formality than a corporation; can lead to problems when owners disagree, so need a very well written operating agreement
 - Ownership (membership interest) can be defined as percentage of the LLC or something more complex; more flexible than Corporation in which ownership is defined by shares of stock.
 - Multi-member LLC may be taxed as a partnership, which is more complex. May elect S-corp taxation in some cases.
 - Not allowed in California for physicians
- **Partnership**
 - Physician autonomy; can be as conservative or aggressive as desired with benefits of various kinds.
 - Partnership of corporations (partnership of individuals would provide no corporate protection!).

Note: For all structures above, assets at risk are limited to those in the corporation (in a partnership of corporations, includes assets in the partner corporations).

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C Corporation: Money & control

- C Corp
 - Physician partners own 100%, control decisions
 - Income from medical service and drug receivables
 - Expenses for payroll, services, drug payables, other overhead
 - If profit is retained in the Corporation, it's taxable
 - Minimal taxes paid by the Corp if no profit left after paying owner
- Owner
 - Gets a W-2 and benefits as an employee of the C Corp
 - Owner pays income tax on compensation received from the Corp

8

S Corporation: Money & control

- C Corp
 - Physician partner owns 100%, controls decisions
 - Income from medical service and drug receivables
 - Expenses for payroll, services, drug payables, other overhead
 - If profit is retained in the Corporation, it's not taxed at this level
- Owner
 - Gets a W-2 and benefits as an employee of the C Corp
 - Owner pays tax on income including income left in the corporation (i.e. taxable amount doesn't depend on how much of the profit is paid to the owner)

9

Partnership of Corps: Money & control

- Partnership of S Corps**
 - Owned by physician partners who make the practice decisions
 - Income from medical service and drug receivables
 - Expenses for payroll, services, drug payables, other overhead
 - Profit is distributed to the partners (in this case the partner corporations)
- Each S Corp**
 - Physician owns 100% of his/her S Corp
 - Money comes in from partnership, goes out via payroll to the owner
 - No taxation at this level
 - Physician controls expenses that are reimbursed by his/her S Corp
- Individual Physician**
 - Gets a W-2 and benefits as an employee of the S Corp
 - Owner pays taxes based on K-1 and W-2
 - Taxable income is based on profitability of the Partnership level

10

10

Management Service Organization (MSO) Model

- MSO entity is typically an LLC or limited partnership.
- MSO has contracts with physician practices (and other entities such as ASCs) for their services.
- The MSO charges management fees from the other entities and has operating agreement with them.
- The physician practices remain intact as legal entities providing medical services.
- Employees and services can remain in the physician practices or can be centralized at the MSO level.

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MSO: MD vs PE-owned

PE-owned MSO

- Jointly owned by PE firm (majority) and physicians.
- MSO typically provides all services to run the practice.
- Long term contracts
- Usually larger scale than non-PE MSOs

MD-owned MSO (non-PE)

- MSO may provide more limited services such as RCM, rather than full scope.

12

12

When you buy into a practice, what happens?

A. You become an **equal equity owner**, or...

B. You become a **"junior" owner** without full owner rights

- There are many variations...

What are the possible forms of a "buy-in" to partnership?

- **Reduction of income** which is redistributed to other partners
 - Reduction could be a percentage or a fixed dollar amount
- **Purchase of a share** of hard assets
 - Objective calculation of cash and other assets on the balance sheet

13

Compensation Structures

- **How much of your own productivity do you get?**
 - 100% productivity-based = "eat what you kill"
 - 0% productivity-based = profit shared equally
 - Hybrid = any mix of the two

Can be further complicated by a productivity floor

- **How is productivity measured?**
 - Collections? Can vary by payer mix/geography
 - RVUs? Represents work (doesn't depend on the payer)
 - Building a new office vs walking into a busy office full of patients
- **What about sources of profit other than productivity?**
 - Is drug profit neutral or incentivized?
 - How is study profit, associate profit, other profit divided?
- Are **expenses** divided equally, or do you pay per resources?

14

Compensation Structures

- For every dollar of collections for services you provide as a partner, how many cents are distributed to partners?
 - In a privately owned group, everything that's not direct overhead is typically distributed to the partners.
 - In a PE-owned group, a portion of profit goes to the PE entity, reducing the percentage distributed to partners.
 - This reduction in partner share of profit be partially offset by increased overall profit derived from greater scale (higher margins).

15

Disability and Parental Leave

- How is **disability** handled for an associate? A partner?
 - Does the practice act like a protection? Or a tap that turns off?
- How is **parental leave** handled, especially for an associate who doesn't have much money saved?
 - Any different from disability in general?
 - State disability only (which is almost nothing)? Or supplemental income to help provide security to a future partner?

16

Benefits: Health Insurance

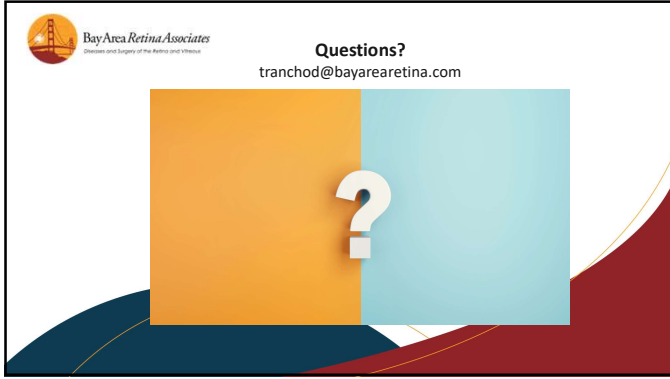
- As an associate:
 - Company pays for physician health insurance premiums.
 - Does the company pay all/part of premium for partner/dependents?
 - What plans can you choose from? Do they meet your needs?
- As a partner:
 - Each partner typically pays the cost of their own premiums out of their own compensation.

17

Benefits: Retirement Accounts

- What are all the retirement vehicles available?
Safe harbor, profit sharing, 401(k)?
What is that in \$\$\$/yr? This matters in high tax brackets!
 - Does the company contribute on behalf of an associate?
 - When does eligibility start and how can an associate contribute?
- Does the company have a **cash balance plan**, which allows much greater additional pre-tax savings?
 - If so, when does eligibility start?

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Successful Transition from Fellowship to Independent Practice:
An Administrator's Perspective

Jeff Brackette, CEO Texas Retina Associates
Stephanie Collins, CEO Austin Retina Associates

1


Disclosures

No Relevant Disclosures

2




Introduction

- Overview of the transition from fellowship to independent practice
- Understand both the administrative and operational business
- Other considerations



3

Key Factors for a Successful Transition

-  Institutional Expectations
-  Financial Considerations
-  Professional Development Strategies

4

Institutional Expectations

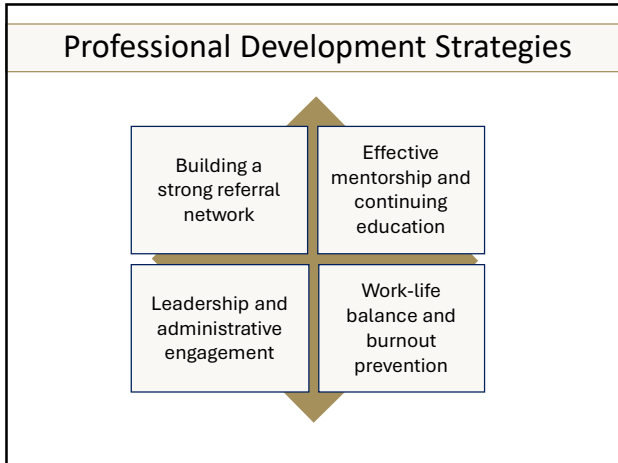
-  Understanding employment contracts and negotiation
-  Compliance with credentialing and licensure
-  Navigating ASC/hospital privileges
-  Meeting performance and quality benchmarks

5

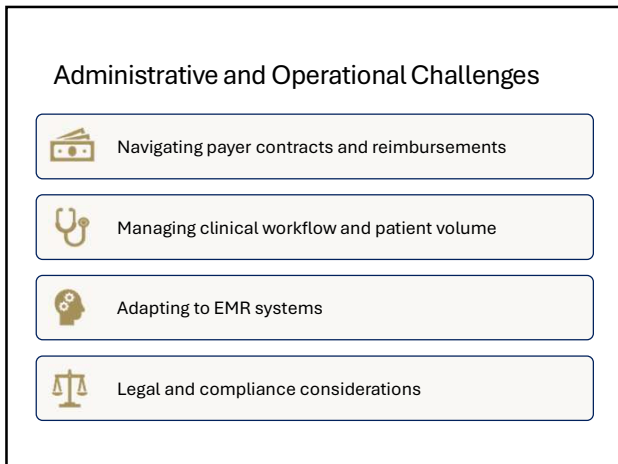
Financial Considerations

- Compensation structures and outside activities
- Billing and coding proficiency
- Managing overhead costs in different practice models
- Understanding revenue cycle management

6



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Conclusion

- Recap of key takeaways
- Encourage proactive engagement in administrative aspects
- Q&A session.



NADEEM N. VAIDYA, M.D., RETINA ORANGE COUNTY, INC. ASRS BUSINESS OF RETINA 2025 - FELLOWS SEMINAR

"IN TODAY'S CLIMATE, A SOLO DOCTOR CANNOT SURVIVE"

...and other myths that you've heard in training

1

"SOLO PRACTICE IS DEAD!"

— YOUR ATTENDING IN FELLOWSHIP

2

"SOLO PRACTICE IS DEAD!"

- The data fluctuates a bit, but at about 15% in 1999 to about 8-10% today
- Of the approximately 1500+ retina specialists nationwide, that's more than 150 retina folks
- SoloEyeDocs is a group of 245 solo ophthalmologists

What is your primary practice setting? Who owns your primary practice?

Setting	US (%)	Int'l (%)
Solo private practice, refina only	8.7%	10.8%
Group private practice, refina only	46.8%	11.9%
Solo private practice, multispecialty	44.8%	71.8%
Group private practice, multispecialty	71.8%	77.8%

1. What is your primary practice setting? Who owns your primary practice? n = 1026

ASRS PAT Survey

3


"IT'S TOO EXPENSIVE!"

— YOUR PARENTS

4

"IT'S TOO EXPENSIVE!"

- ~250k for a very nicely equipped office
- ~150k if you want to get used stuff
- Slit lamp, chair, OCT, laser is all you really need to start
 - add more as you go
- Keep 100k in cash reserve
- Doctors are good investments, banks will likely throw money at you



5


"IT'S TOO HARD TO RUN YOUR OWN PRACTICE!"

— YOUR CO-FELLOW

6

"IT'S TOO HARD TO RUN YOUR OWN PRACTICE!"

- Developers, Developers, Developers
- Software has made practice management easy
 - Payroll/HR
 - Billing
 - Marketing



7

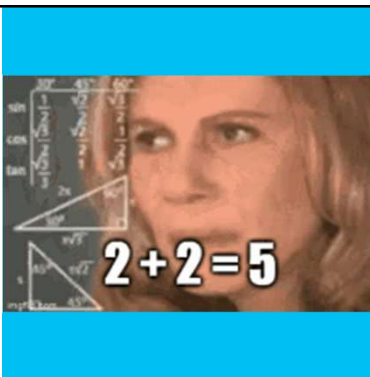
"BILLING IS TOO HARD, I DON'T KNOW ANYTHING ABOUT IT."

- ME, BEFORE

8

"BILLING IS TOO HARD, I DON'T KNOW ANYTHING ABOUT IT."

- Retina only has a small handful of codes that we need to use on a regular basis
- The basics of coding can be learned in an afternoon
- Several resources available from the AAO
- "If someone who went to night school for a few weeks can code, you can too." - solo guru



9



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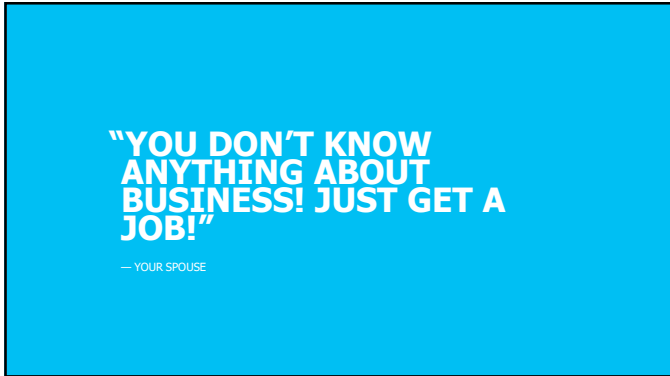
“WILL I EVEN MAKE MONEY?”

- Yes...Yes you will
- You don't need to see many patients to make money
- It's difficult to NOT make money as a physician, especially as a retina specialist

Revenue Accrual by Service Date
\$5,781,082.00 in accrued payments

Value per Visit by Service Date
\$206.68 allowed per visit, on average

11



12

"YOU DON'T KNOW ANYTHING ABOUT BUSINESS! JUST GET A JOB!"

- The overhead average for a retina practice is 50-70%
- Solo practices CAN be far more efficient
 - 25-40%
- Working Harder vs. Working Smarter
 - You don't need to see many patients to make money
 - It's difficult to NOT make money as a physician, especially as a retina specialist



13

"YOU CAN NEGOTIATE MUCH MORE LUCRATIVE INSURANCE CONTRACTS IN A LARGE GROUP!"

"ONLY PE GROUPS CAN NEGOTIATE CONTRACTS! SOLOS HAVE NO POWER!"

"INSURANCE COMPANIES WILL EAT YOU ALIVE!"

— MULTIPLE PEOPLE

14

"INSURANCE COMPANIES WILL EAT YOU ALIVE!"

- ~60% of your business will be Medicare* in retina
- pays every retina specialist the same (more or less)
- Even if all you take is Medicare, you can thrive



15

"A COKE IS A COKE AND NO AMOUNT OF MONEY CAN GET YOU A BETTER COKE THAN THE ONE THE BUM ON THE CORNER IS DRINKING. ALL THE COKES ARE THE SAME AND ALL THE COKES ARE GOOD."

— ANDY WARHOL

16

**"YOU CAN'T GET ON INSURANCE PANELS!"
"IT TAKES A YEAR TO GET ON MEDICARE!"**

17

**"YOU CAN'T GET ON INSURANCE PANELS!"
"IT TAKES A YEAR TO GET ON MEDICARE!"**

- A clean Medicare application can be approved in 2 weeks
- You all filled out applications for Medical School, Residency and Fellowship
 - Imagine how easy it would have been if you didn't have to write an essay
- Just filling out demographic information
- Even if all you take is Medicare, you can thrive



18

"THERE ARE TOO MANY REGULATIONS!"
— EVERY ATTENDING IN AN ACADEMIC PROGRAM

19

"THERE ARE TOO MANY REGULATIONS!"

- Many regulations don't apply to small practices
- No JCAHO
- OSHA*, HR rules are substantially less restrictive than for



WHATEVER. THOSE RULES AREN'T REAL.


20

"I DON'T WANT TO MANAGE PEOPLE!"
- EVERYONE

21

"I DON'T WANT TO MANAGE PEOPLE!"

- You are the boss
 - Hire good people
 - Hire slow, Fire fast
- If you go work for a company, you still have to manage people, but you have less power to hire or fire



22

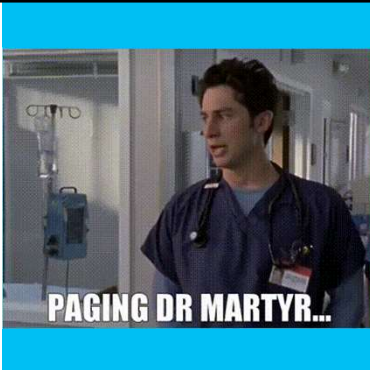
"I DON'T WANT TO BE ON CALL ALL THE TIME!"

- EVERYONE

23

"I DON'T WANT TO BE ON CALL ALL THE TIME!"

- Your referrers are probably working 9-5 on weekdays
- I haven't had to go in "on call" for the last two years
- I get maybe one or two phone calls every month that I answer after hours




24

"I WANT TO SEE MY FAMILY EVERY ONCE AND A WHILE."
— NO ONE

25

"I WANT TO SEE MY FAMILY EVERY ONCE AND A WHILE."

- Take Vacation
 - Patient's can take care of themselves
 - Don't be a martyr
 - Occasionally may need to present to fellows at conferences
 - 7 weeks of vacation last year



26

"I DON'T WANT TO FIGHT WITH INSURANCES COMPANIES."
- LUIGI

27

"I DON'T WANT TO FIGHT WITH INSURANCES COMPANIES."

- The vast majority of claims go through cleanly (>98%)
- Payments are generally pretty quick (~2w)

Days to Payments
31 days, on average

Legend: submission, first response, first payment, last payment

28

"YOU HAVE TO GET A PRIOR AUTH FOR EVERYTHING!"

- MY STAFF

29

"YOU HAVE TO GET A PRIOR AUTH FOR EVERYTHING!"

- Long gone are the days of paper authorizations
- Front desk staff can easily submit prior authorizations through insurance portals
- Real time decisions

REMEMBER TO REBEL AGAINST AUTHORITY, KIDS!

30

"[LOCATION] IS A TERRIBLE PLACE FOR DOCTORS!"
— RECRUITER

31

"[LOCATION] IS A TERRIBLE PLACE FOR DOCTORS!"

- Even "saturated" places have plenty of patients
- Your growth may be slower, but you don't need many patients to make a profit/pay rent



32

"NOBODY COMES HERE ANYMORE, IT'S TOO CROWDED."
— YOGI BERRA

33

"I DON'T THINK YOU CAN DO IT STRAIGHT OUT OF FELLOWSHIP."

— ME

34

"I DON'T THINK YOU CAN DO IT STRAIGHT OUT OF FELLOWSHIP."

- Probably best to get a little cushion of savings
- 18 months of emergency savings
- 6 months before breakeven point
- 18 months to net positive

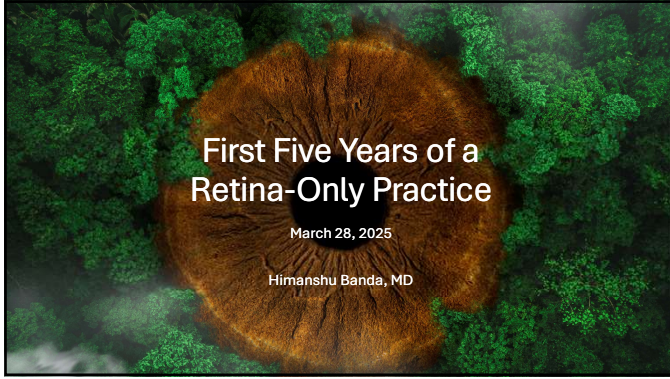


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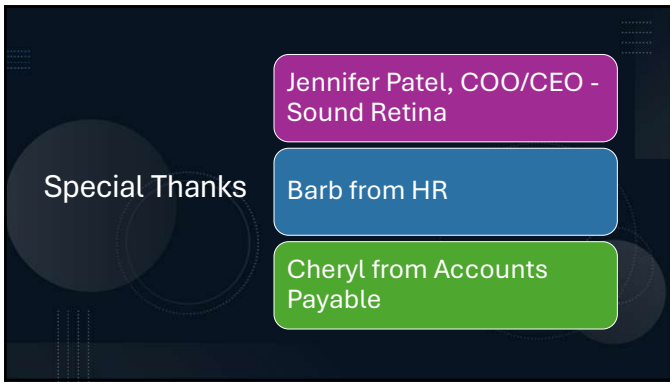
"THANK YOU"

— ME

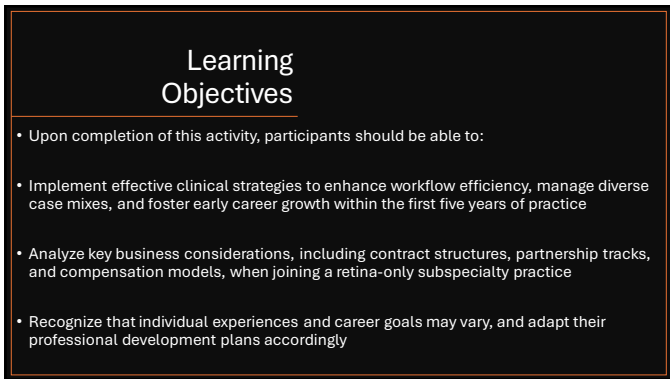
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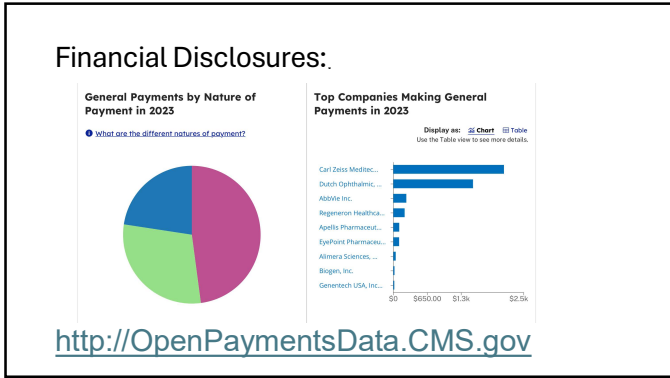
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4

Financial Disclosures:

Physician-Practice Ownership As Disclosure

- Private Practice, 5 years – my experience is biased and unique
- This is a business meeting:
 - Understand the potential conflict of interest of each speaker
 - Are they an equity owner of their practice? Employee?
 - Everyone has their lens and experience

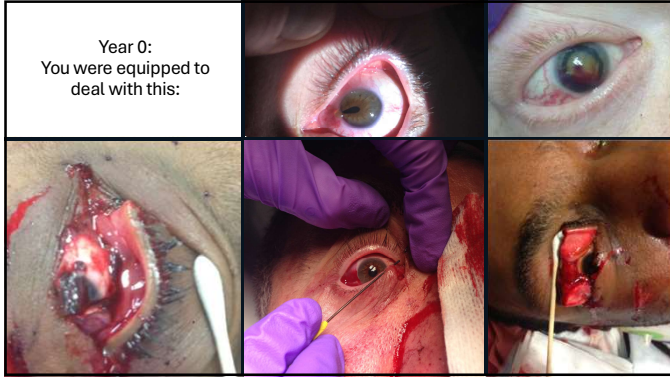
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Year 0:

You may have a trauma response/moral injury

- You've seen a lot of trauma, vision loss, and people's hardest moments
- Additionally, your training environment may not have been the most supportive

6



7



8

Year 0:

- Graduate Medical Education Taught Interesting Lessons About Contracts

- "I am legally bound to this place, like it or not."

9

Year 0: Deal With Your Baggage

- Remember COVID? Lots to unpack there...
- Managing finances out of training... that's probably another lecture
- Burn out is real! Get help if you need it

10

Year 1: This May Not Be Your "Forever Job"

THE RETINA GAME OF LIFE

Lauren DeVesetty, MD, has gained first-hand experience in independent private practice, academics, solo practice, and hospital-based practice. Her travels have taken her from Michigan to Georgia and now to Pennsylvania. Here's where she's been and what drove her to make a change.



Devesetty, L. (n.d.). Finding a new job: The midcareer move. *RT Retina Today Business Matters*, 7(4).

- What to focus on instead?
- Outcomes, mastering surgery
- Patient interactions
- Community Relations
- Practice Relations
- Avoid "Arrival Syndrome"
- Spend every penny of your CME allowance, then spend more!!

11

Year 1: What to focus on? Patient Care!

- Understand your outcomes:
 - Surgical outcomes
 - Endophthalmitis rate
- Record all your cases if able
- This is the best time to try different techniques, or skills you did just a handful of times in fellowship.
 - Don't feel pressured to find a "niche" – do it all
 - Continue to keep up your anterior segment skills – it will keep you competitive in this market
- If this is all you do your first year – that's good enough

12

WORKLOAD BREAKDOWN
How much time do these experts spend on certain tasks each week?

Academic

- Patient care (50%)
- Time in the OR (20%)
- Research (20%)
- Administrative and teaching (10%)

Hybrid

- Patient care (50%)
- Time in the OR (20%)
- Research (20%)
- Administrative and teaching (10%)

Group Multispecialty

- Patient care (50%)
- Time in the OR (20%)
- Research (20%)
- Administrative and teaching (10%)

Group Retina Practice

- Patient care (50%)
- Time in the OR (20%)
- Research (20%)
- Administrative and teaching (10%)

Most of your time is with patients – it can be exhausting

Jocelyn J. Fitzgerald ...
@jjfitzgeraldMD

A non-medical friend recently asked me to describe clinic. I told her to imagine you have 20 meetings in a day, half of them new clients with urgent needs. Each requires your best self. You are late for at least 10 of them. You must prepare a report and deliverables for each one.

9:26 AM · Oct 13, 2022

13

**Year 1:
PVR**

- You down with OPPVR?
- Challenging cases, however you have an opportunity to be objective
- Document your conversations, follow these patients closely – adverse outcomes can breed resentment, and you need to show compassion

14

**Year 1:
Introductions
to the
community**

- Take opportunities for referral engagement
- Ask your practice to help coordinate
- Share your cases from residency/fellowship, with permission

15

Year 1: Ask for Quarterly Meetings

- What is your production & collections?
- What has it been historically for your most recent associate?
- What is my expectation/goal?

16

Year 2:
Own Your Workflow

How are your clinics run?

What is the patient experience?

What are the bottlenecks in clinic workflow?

Cifers, E. (2024). Improving patient flow at your retina clinic [Chart included]. *Revenue Cycle Management*, May 13.

17

Year 2:
Now, take a step back...

What's the workflow of your claims?

- Understand the basics of the "lifecycle of a bill," and how it relates to your production
- Consume EVERYTHING Joy Woodke Says! Its gold

18

Year 2:

What are the 'bottlenecks' in your claims?

How does this compare to your practice?

The Revenue Cycle

1. Patient Registration
2. Patient Scheduling
3. Patient Check-in
4. Patient Triage
5. Patient Registration
6. Patient Scheduling
7. Patient Check-in
8. Patient Triage
9. Patient Registration
10. Patient Scheduling
11. Patient Check-in
12. Patient Triage

Cifers, E. (2025). Revenue cycle fundamentals—Let's start at the beginning. *Revenue Cycle Management*, January 9.

19

Year 2: Think Analytically About Your Practice

- Would you ask one of the partners, "how much do you make?"
- There will be a time they will have to tell you (partnership negotiations) but there are ways you can ask without asking...
 - What was my yearly collections for year 1?
 - What was the collections for the practice last year?
 - What is my overhead?
 - What is the overall practice overhead?

$(\text{Collections} - \text{overhead}) / \# \text{ partners} = \text{Voila!}$

20

Year 2:

Patient Care Still Priority...Go One Extra Small Step

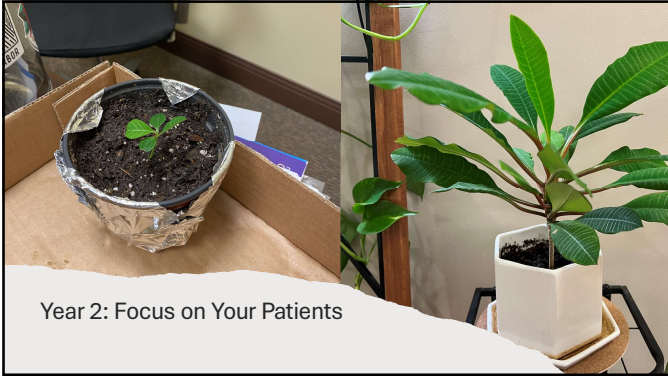
Try and make a personal connection – make a brief note

Date	VA-OD	VA-OS	OD	OS	L	Procedu...	Procedu...
2/27/25	HKB/143/	Dcc20/25-2	Dcc20/40+1	TP 11	TP 9	U	OCT Macula, Fundus Photos.

Notes Treatment (2) Encounter: 5 months ordered 3 Month - DE/OCT OU for Posterior Uveitis OS > OD

Patient likes gardening and houseplants HKB to always recheck IOP on scribe side CMN

21



22

Year 2:


Develop Relationships With Your Practice

- How are the other doctors/partners working with you?
- Are you fitting in with the culture of your practice? What would change? What *could* you change?
- Is this an environment you can trust? Keep in mind, trust can take years...
- Make an effort to get to know your future partners

23

Year 2: Dealing with your PVR

- Hits differently that OPPVR, and PVR from training
- Manage your emotions, and patient expectations
- PVR is traumatic for the patient – make sure the patient knows they are getting taken care of
- Know how to hand off your PVR when you need to



Inferior RD c PVR

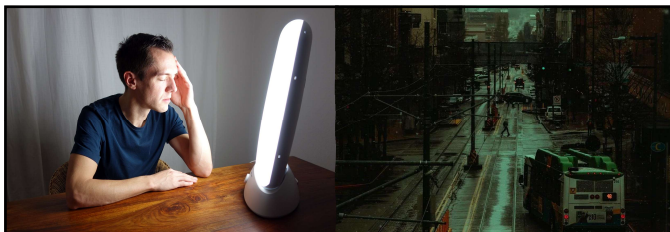
24

Year 3: Relationship With Your Community

Can you see a life in your chosen location?

What are the most challenging things you can't change?

25



Average Weather in my city

26



27

**Year 3:
Relationship
With Your
Community**

- Who are your referrals? Who are your fellow YOs? Get to know them!
- “Close the loop” with patient care – talk to your referrals, give feedback
- Referral Engagement is important every year, but make it a point to build relationships – send a holiday card

28

**Year 3: Partnership
Discussions**

- When these discussions start, don't be surprised if they time
- The needs of the practice can change, and so can structure
- How is partnership structured?
 - Equity vs. productivity-based
 - Compensation model: base salary, profit-sharing, bonuses?
 - Governance: Voting rights, decision making process, tie-breaking mechanisms?
 - Exit: what to do when a partner retires, leaves or sells shares?

29

**Year 4:
Maybe You're
A Partner...**

- Its ok if it's an underwhelming feeling! Hopefully, both sides made compromises and came to agreements
- How did the discussion go? Consider it the first “argument” with your partners... were you able to conduct business?
- How you and your partners managed the “buy-in” is a good barometer on how you will expect to manage conflict

30

Year 4: Share Administrative "Burden"

- Just because you're a partner doesn't make you an effective administrator
- Learning the "business" is a skill... you can be good at it if you really want to! Don't let people discourage you!
- Learn from your partners, and go to conferences like these

31

Year 4: Perhaps partnership wasn't for you

- There can be benefits in maintaining associate status:
 - Priorities can change throughout your career
 - Guaranteed salary
 - Less administrative duties, more time (hopefully)
 - More options for being part time
- What if business ownership was your goal?

32

Year 5: Work/Life

- Define your priorities
- Create Boundaries
- Learn to delegate
- Stay organized
- Be flexible

Khatib, N. (2022). Work-life balance. *New Retinal Physician*, 19(May), 18-19.

33

Year 5: Other Business Opportunities

- Real Estate
- Surgery Centers
- Research Opportunities
- The world is your oyster!

34

Year 5: Defining Relationship with Industry



Benefits:

- Access to treatment/tech
- Contribution to fund of knowledge
- Educational opportunities



Conflicts:

- Undue influence of practice pattern
- Industry interest over patient needs
- Misleading patients

35

Year 5: Your Panel Is The Most Valuable Commodity in this Industry

- “Ret-onomics” has become a pervasive norm in our clinic culture
- Protect your patients:
 - What educational materials will they have access to?
 - What is the fine print in the copay programs you should let your patients be aware of?
 - What information is being given up or distributed in those “free” genetic panels?
 - What studies will you offer them?
- If a patient is expected to pay in part for a new therapy, how do you ascribe a “value?”
 - If you don’t use it, its zero
- 5 years later... guess what, AVASTIN STILL WORKS, AND IS ACCESSIBLE! Its worth protecting

36


Year 5: There Will Be Conflict

- The purpose of a business is to make money
- The purpose of a practice is to take care of patients
- As a physician owner, your business and practice may be at odds
- Get comfortable talking about \$ with patients
- Anyone can be a businessperson, but only a few have taken an Oath and accepted a fiduciary responsibility to their clients
- Whatever happens, its your JOB to protect your patients – it is a privilege few should have access to

37

THE RETINA GAME OF LIFE

Laxmi Devisetty, MD, has gained first-hand experience in independent private practice, academics, solo practice, and hospital-based practice. Her travels have taken her from Michigan to Georgia and now to Pennsylvania. This is her story and what drove her to make a change.



The most important year: 0

- You can always have a year 0 again, you can get as many chances as you need

1ST CAREER STOP: YOUR FIRST JOB!
Surgical Retina Specialist
Anderson Eye Associates, Saginaw, Michigan

2ND CAREER STOP: YOUR DREAM OPPORTUNITY HAS ARRIVED!
Medical Director
University of Michigan Health Services, Grand Blanc, Grand Blanc, Michigan

3RD CAREER STOP: MAKE THE BEST OF A FAMILY RELOCATION!
Physician Owner
Coastal Retina Institute, Savannah, Georgia

4TH CAREER STOP: YOU FIND YOUR HOME!
Vitreoretinal Surgeon
St Lukes Hospital, Bethlehem, Pennsylvania

38

Thank you!

drbanda@soundretina.com

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Citations

- Devisetty, L. (n.d.). Finding a new job: The midcareer move. *RT Retina Today Business Matters*, 7(4).
- Fitzgerald, J. (2022, October 13). [A non-medical friend recently asked me...] [Tweet]. Twitter. <https://x.com/jjfitzgeraldMD/status/1580595884189810695?lang=en>.
- Cifers, E. (2024). Improving patient flow at your retina clinic [Chart included]. *Revenue Cycle Management*, May 13.
- Cifers, E. (2025). Revenue cycle fundamentals—Let's start at the beginning. *Revenue Cycle Management*, January 9.
- Khatib, N. (2022). Work-life balance. *New Retinal Physician*, 19(May), 18-19.

Multispecialty Practice

Srinivas Sai A. Kondapalli, MD
Everett and Hurite Ophthalmic Association

1

Everett and Hurite

- Multispecialty Ophthalmology Group in Western Pennsylvania
- 11 ophthalmologists
 - Glaucoma (2)
 - Cornea (1)
 - Peds (2)
 - Plastics (2)
 - Retina (4)
- 5 optometrists
- 8 locations

2

My Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
BUT	WAR		GBG	WEIR
BUT	WAR	GBG		WEIR
	WAR		GBG	WEIR
	WAR	GBG		WEIR

3

Disclaimers

- Came out of fellowship straight into this practice
- I do not know how other set ups are therefore I can only speak to why this has been a good fit for me
- My schedule has changed and tapered down the longer I have been practicing
- I wasn't really sure I wanted to be a retina specialist/ophthalmologist.

4

Guess the Saying—Multispecialty Practice

5



6



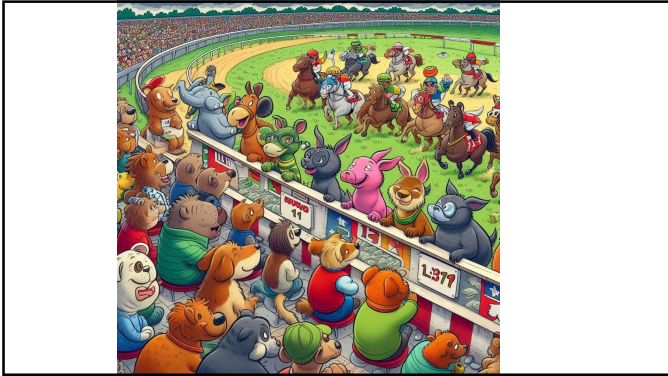
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**2025 Business of Retina Meeting
Fellows Seminar:
Early Career Risk Management Issues**

Gaurav K. Shah, MD
Linda Harrison, PhD




1

Disclosures




Gaurav K. Shah, MD
– OMIC Board Member

Linda Harrison, PhD
– OMIC Vice President of Risk Management

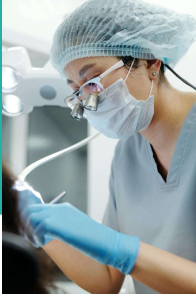
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Learning Objectives

Upon completion of this course, participants should be able to:

-  Understand why patients are motivated to sue physicians
-  Apply ethical principles and professional standards that prioritize patient safety and mitigate the risk of claims
-  Create a culture of safety in their practice

3



Closed case example:
Excess C3F8 Gas During Pneumatic Retinopexy

4

Chronology

Initial exam	<ul style="list-style-type: none"> • Referred from ED to insured; IOP 35 OD, 13 OS • Dx: retinal tear and detachment OD • Plan: pneumatic retinopexy scheduled to occur in 2 days
Surgery #1	<ul style="list-style-type: none"> • Pneumatic retinopexy with C3F8 gas resulting in successful retinal adhesion. • Gas bubble to remain in place for several weeks.
POD 1	<ul style="list-style-type: none"> • Exam: VA=CF at 1 foot; IOP 18; retina completely attached; 70% gas fill • Rx: Prednisone acetate, Polymyxin B, Cyclopentolate • Plan: follow up in 1 week
POD2 to POD9	<ul style="list-style-type: none"> • Patient seen 5 times due to pain, nausea, blurry vision. IOPs as high as 73 • 2 gas release procedures • Rx: Diamox, Cosopt • Exam by tech POD9: VA = HM at 1 foot, IOP 23; reported to surgeon, who referred patient to 2nd ophthalmologist.

5

Chronology

POD 11	<ul style="list-style-type: none"> • Exam by ophthalmologist #2: VA = HM at 6 inches; IOP 15 • Patient concerned about loss of vision • Tx: gas bubble placed in anterior chamber
POD 13	<ul style="list-style-type: none"> • Pressure check: IOP 13
POD 16	<ul style="list-style-type: none"> • Patient seen by ophthalmologist #1 for c/o sharp pain OD • Exam: Swelling cataract, which was aggravating glaucoma; corneal edema; VA still HM at 6 inches; IOP 11. • Surgery: lensectomy and vitrectomy; the retina remained completely attached; optic nerve normal.
POD1 (surgery #2)	<ul style="list-style-type: none"> • Exam: Cornea clearing; deep anterior chamber; no clear view of the retina or optic nerve due to 80% gas bubble in back of eye; VA = HM at 1 foot; IOP <4.

6

Chronology

- Over the next 2 months**
- The patient returned to the insured numerous times.
 - The optic nerve was eventually visualized, but significant damage was noted.
 - VA ranged between HM at 1-4 feet, to CF at 1 foot; IOPs between 9 and 15.
 - *The patient never returned to the insured.*

7

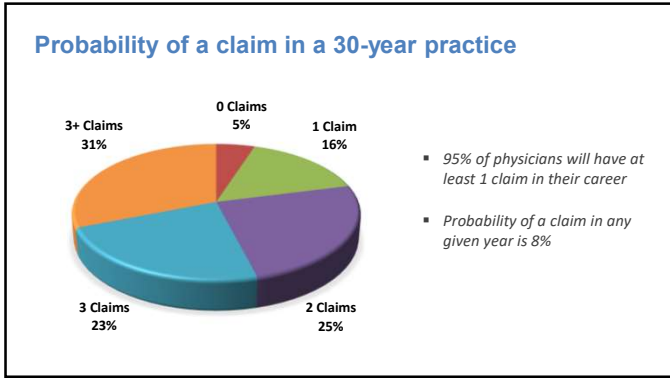
Litigation

- Expert opinions**
- Standard of Care**
- delay in scheduling pneumatic retinopathy (surgery #1)
 - The use of 2cc's % C3F8 gas was indefensible and exceeded the normal capacity of the eye.
 - substandard postop management
- Causation**
- the excess gas caused the IOP to increase to 73 resulting in damage to the optic nerve and a complete loss of vision OD
 - the damage would have occurred within 90 minutes after infusion of the excess gas
- Disposition** • The case was settled

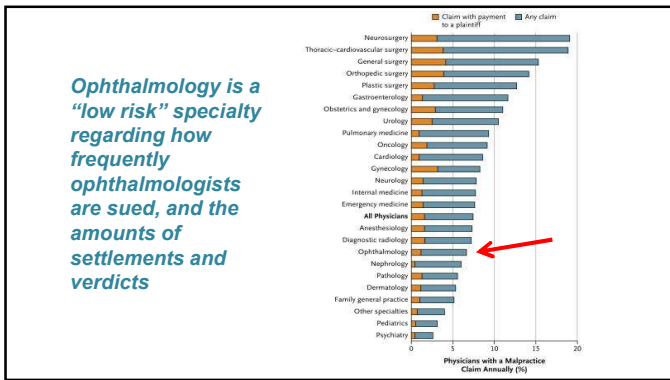
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Risk Management

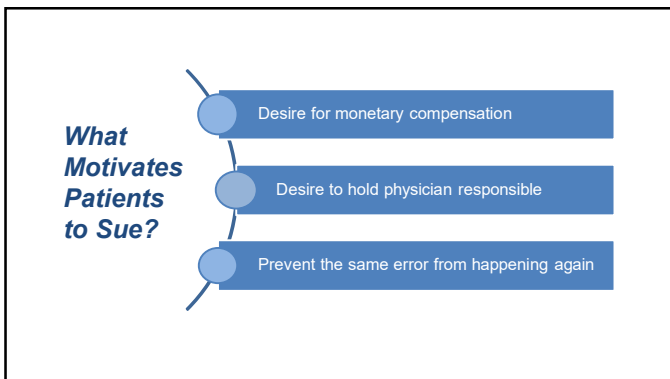
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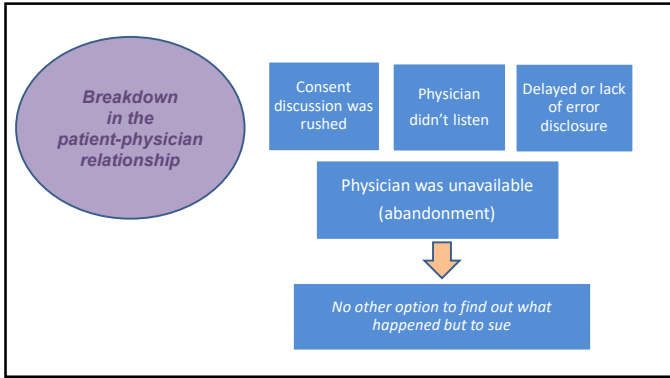
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13

Mitigate the Risk of Patient Harm and Malpractice Claims

- Documentation
- Informed Consent
- Follow Up
- Disclosure of Adverse Events
- Safety Protocols

14

Documentation




15

Documentation

- Poor documentation makes good care look bad
- "If it wasn't documented it didn't happen."
- If you use a scribe, you are responsible for the accuracy of the record.
- Many cases are *indefensible* due to incomplete or inaccurate documentation.
- Amendments to the record: *late entries, addenda, corrections*
 - May be necessary, and legitimate, but must be done correctly to avoid the appearance of fraud or concealment
 - Such changes should be made infrequently
 - Check with risk management at your carrier if in doubt about whether and how to make an amendment

16

In Litigation...

-  **Medical records scrutiny**
Medical records, both paper and electronic, will be scrutinized by the plaintiff's attorney and forensics experts for any entries that suggest credibility is in question.
-  **EHR audit trails**
EHR audit trails assist plaintiffs in proving an allegation of medical records credibility.
-  **Records alterations**
Records alterations cannot be defended.

17

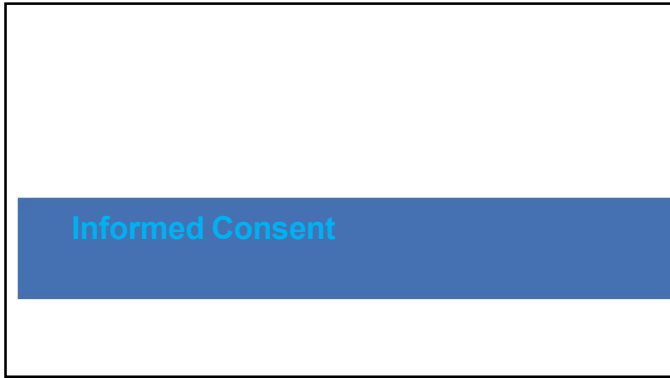
Electronic Health Record

Watch out for known pitfalls

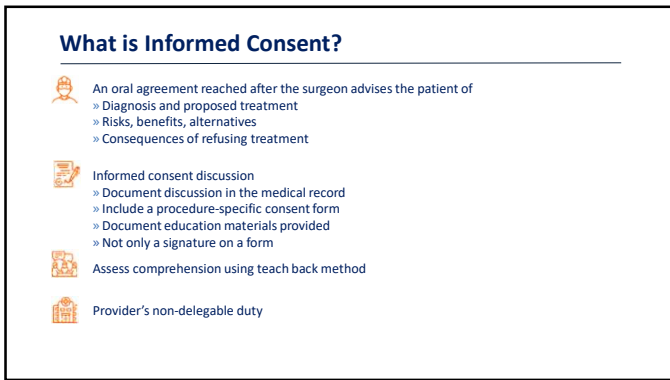
- Copy and paste, copy forward, cloning
- Wrong choice in pick/dropdown list
- Wrong specialty template
- Failing to update medications
- Use of "normal" defaults
- Insertion of macros that are not edited for the individual patient: "note bloat"
- Information in one part of record contradicts another
- Pre-charting or charting long after treatment



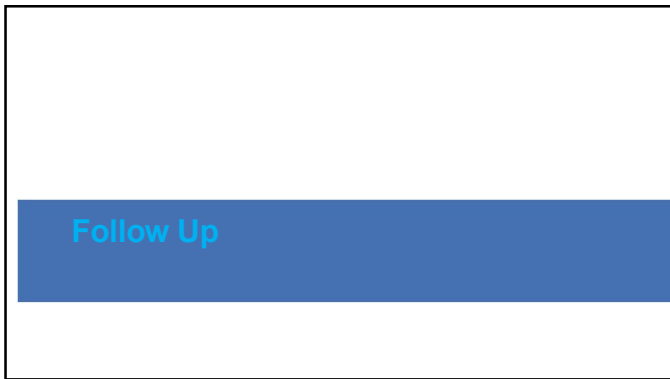
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Follow-Up

Why is it a risk management concern?

- Delayed diagnosis, failure to diagnose, and delayed treatment are typical allegations in medical negligence claims.
- Although clinical mismanagement might have occurred, a delay in or a failure to follow up is often at the root of the problem.

22

Follow-Up Strategies



- 1 Explain to Patients**
Explain recommendations, including when to obtain, the importance of compliance, and consequences to vision if treatment is delayed or declined.
- 2 Document**
Document the discussion.
- 3 Implement**
Tracking systems, safety policies and procedures
- 4 Terminate**
Terminate patients as a last resort for noncompliance.

23

Disclosure of Adverse Events

24

Disclosure of Adverse Events

Background

- Ethically required (AAO Code of Ethics)
- Patient has a right to know
- Necessary for trust, continuity of care, and future treatment

Risk Recommendations

- Disclose to patient or family as soon as possible
- Express empathy, don't admit negligence; consider apology
- Relay the facts; don't speculate
- Don't place blame on others
- Document the disclosure, the treatment plan, and instructions to patient
- Be available and keep the patient informed

25

Safety Protocols

26

Create a Culture of Safety

- Most errors are not solely the result of an act of an individual.
- Most errors do involve systems or process failures.
- Lack of safety protocols--and failure to adhere to them--lead to wrong events (wrong patient, wrong eye, wrong drug, wrong procedure).
- These events can lead to serious patient harm.
- These cases cannot be defended, and will most likely result in settlement.

27



28

In Summary...


Practice these habits to avoid malpractice claims, enhance patient safety, and develop higher patient satisfaction, which lead to better patient compliance.

- Documentation
- Informed Consent
- Follow Up
- Disclosure of Adverse Events
- Safety Protocols


29

Injection Therapy:
Balancing Treatment
Decisions in a
Rapidly Changing
Landscape

Presented by
Claire M. Murphy



1



A little about me...

2

☛ Claire's Original Slide Deck!!

The kid who puts memes in his
powerpoint presentation

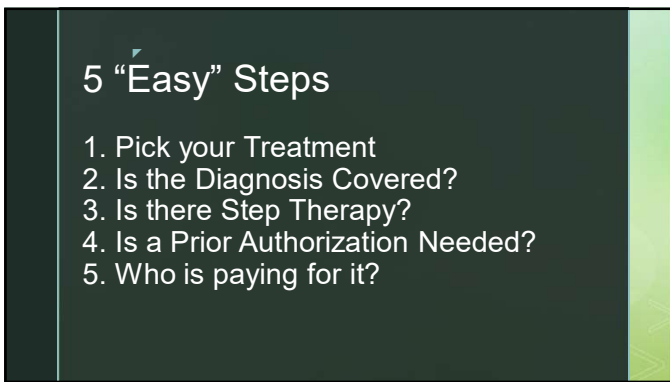


**BEST PRESENTATION
EVER!!!!**

3



4



5



6

Considerations for Treatment Options

- Physician Choice – The decision of treatment should be a discussion between a physician and their patient
- Factors to also consider – efficacy & safety, prior response to other treatments, what med will give the patient the best clinical outcome
- Will the patient be compliant?
- Choose your destination drug & map a pathway to get there

7

Always Ask... Is it Covered?

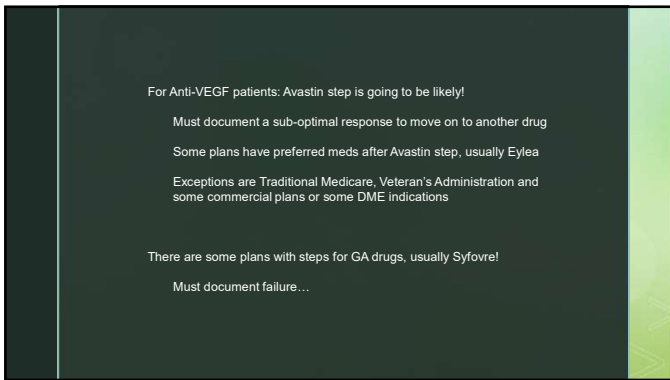
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- Your administrator always wants you to bill the drug!
- Is the drug covered under a BILLABLE diagnosis?
 - Yes? Let's keep going!
 - No... What options do you have instead?
- Apply with patient's insurance for medical necessity for off label treatment
- Sample Drugs provided by manufacturer
- May qualify for off-label charitable programs through manufacturer, speak to your reps!
- Does your practice have any enrolling research studies?

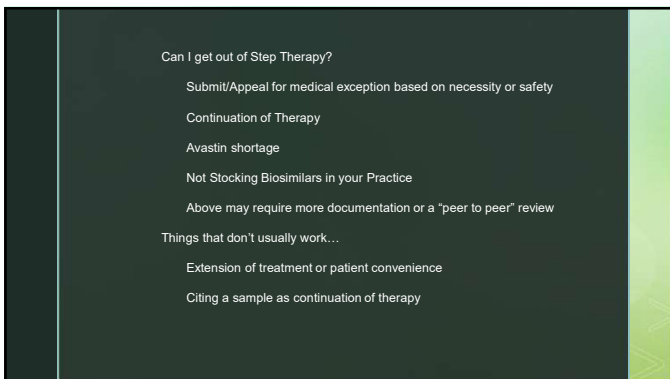
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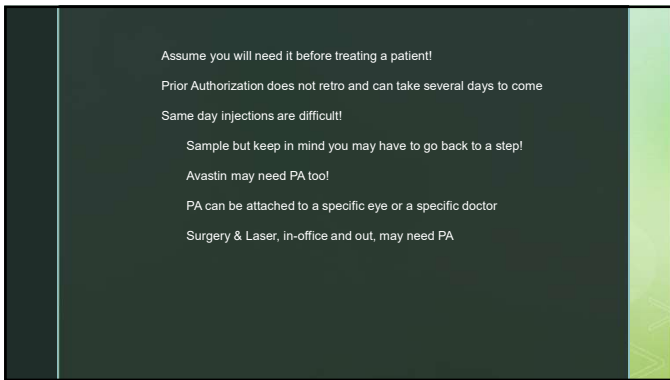
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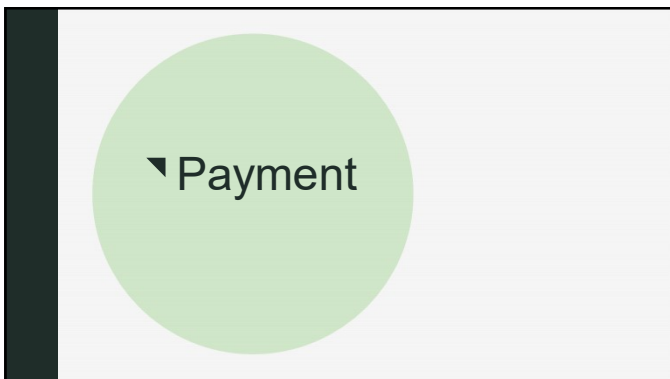
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15

Commercial vs. Medicare

Commercial	Medicare
<ul style="list-style-type: none">Usually under 65 years oldDeductibles and Co-insurance vary plan to planQualify for copay cards for drugs to help cover out of pocket costs	<ul style="list-style-type: none">Usually over 65 years oldTraditional only covers 80%Some patients will have Medicare Advantage plans or Medicare Supplements

16

Commercial Insurance

Run a **BENEFITS INVESTIGATION** for branded drugs

Make sure **PRIOR AUTH** is obtained and **STEP THERAPY** is followed

Enroll patient in **COPAY CARD** to offset patient portion

17

Traditional Medicare Only

RED WHITE AND BLUE with No Supplement

Run a **BENEFITS INVESTIGATION** for branded drugs

PRIOR AUTH and **STEP THERAPY** are not needed!

If patient is only Medicare, the patient will have a copay of 80% of ALL charges, including drugs, after a \$257 deductible.

18

J0177 EYLEA HD	\$526.49
J0178 EYLEA	\$320.43
J2777 VABYSMO	\$422.95
J2778 LUCENTIS .3	\$74.38
J2778 LUCENTIS .5	\$123.97
J2781 SYFOVRE	\$439.11
J2782 IZERVAY	\$434.82
J7312 OZURDEX	\$287.78
J3396 VISUDYNE	\$345.09
COMPUNDED AVASTIN	\$14.68

19

Medicare and a Supplement

RED WHITE AND BLUE & Supplement

Run a **BENEFITS INVESTIGATION** for branded drugs

PRIOR AUTH and **STEP THERAPY** are not needed!

Supplement helps pay for Medicare co-insurance (the left over 20%)

May have a copay or a deductible and may not cover Medicare deductible. The benefits investigation should tell you all this information so the patient is aware of any out of pocket costs.

20

Medicare Advantage Plans

Run a **BENEFITS INVESTIGATION** for branded drugs

PRIOR AUTH and **STEP THERAPY** are **LIKELY** needed!

There are usually office visit copays, can have hidden costs and typically only cover buy and bill drug costs at 80% but they will have an out of pocket max

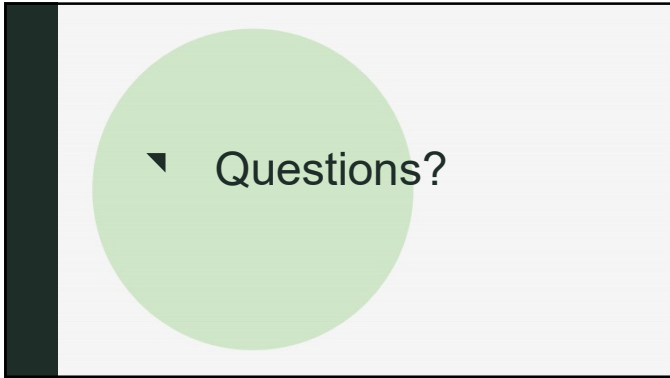
Without foundation assistance, which is currently closed, patient is responsible for 20% balance of drug

Foundations do not cover Avastin

Selection of drug may be dependent on what patient can afford to pay.

Financial Counseling is a good idea to talk over all these factors

21



22



23

How Payers Impact Clinical Care

Alex Melamud MD, MA
Retina Group of Washington

1

limited treatment options
reduced profitability
 administrative costs
coverage restrictions
prior authorization
 code bundling narrow networks
 payment rates

2

Case 1

- 45-year-old with symptomatic CSR, persistent despite 3-month period of observation


Eye

Explore content | About the journal | Publish with us

Home > Eye > articles > article


Article | Open access | Published: 26 December 2022

Real world outcomes of photodynamic therapy for chronic central serous chorioretinopathy

Sami Khanshalia, Surash Thulasidharan, Nguyen Thuy Vy Hoang, Sameh Akhaili Ibrahim, Yanling Qiayang & Andrew Lottery 

Eye 37:2548-2553 (2023) | [View this article](#)


5235 Accesses | 7 Altmetric | [Metrics](#)



3

What is the appropriate next step in this scenario


- A. Ask your technician to set up for PDT laser as you plan to treat the patient right away?
- B. Give the chart to your office manager to verify that insurance will pay prior to treatment?



4

Procedure Denied

- Diagnosis considered investigational or unproven




Non-Cancer Indications

Aetna considers photodynamic therapy experimental, investigational, or unproven for any of the following indications because its effectiveness for these indications has not been established:

- Actinic cheilitis
- Actinic dermatitis
- Atopic dermatitis (eczematous dermatitis)
- Central serous chorioretinopathy
- Chronic rhinosinusitis
- Chronic ulcers (including diabetic ulcers)
- Condyloma (genital warts)
- Darier's disease (keratosis follicularis)
- Denture stomatitis
- Disseminated superficial actinic porokeratosis
- Dyspigmentation
- Endodontic infections
- Extra-mammary Paget's disease (e.g., Paget's disease of the vulva)
- Gingivitis
- Granulomatous dermatitis
- Halitosis
- Herpes labialis

5

Health Care Delivery



- A payer in health insurance is an organization or entity that pays for healthcare services. This could be a health insurance company, government program or employer

6

A Physician in Practice

Professional responsibility to provide ethical medical care

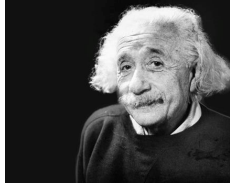
Financial responsibility to run a profitable business



7

You have to learn the rules of the game. And then you have to play better than anyone else.

ALBERT EINSTEIN



8

This label may not be the latest approved by FDA. For current labeling information, please visit <https://www.fda.gov/drugsatfda>

NDA 021119/S-034
Page 3

HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use VISUDYNE safely and effectively. See full prescribing information for VISUDYNE.

VISUDYNE® (verteporfin for injection), for intravenous use
Initial U.S. Approval: 2000

INDICATIONS AND USAGE

VISUDYNE (verteporfin for injection) therapy is a photodynamic therapy indicated for the treatment of patients with predominantly classic subfoveal choroidal neovascularization due to age-related macular degeneration, pathologic myopia or presumed ocular histoplasmosis. (1)

- #### DOSAGE AND ADMINISTRATION
- Recommended Dose: 6 mg/m² body surface area. (2.2)
 - Reconstitution: Reconstitute each vial of VISUDYNE with 7 mL of Sterile Water for Injection to provide 7.5 mL containing 2 mg/mL of verteporfin. Reconstituted VISUDYNE must be protected from light and used within 4 hours. (2.3)
 - Dilution: Dilute desired dose of reconstituted VISUDYNE with 5% Dextrose for Injection to a total infusion volume of 20 mL. (2.3)
 - Infusion: Administer intravenously over 10 minutes at a rate of 3 mL/minute, using an appropriate syringe pump and in-line filter. (2.3)
 - Light Administration: The recommended light dose is 50 J/cm² of neovascular lesion administered at an intensity of 600 mW/cm². The wavelength of the laser light should be 689±3 nm. This light dose is administered over 83 seconds, starting 15 minutes after the start of the VISUDYNE infusion. (2.4)

- #### DOSAGE FORMS AND STRENGTHS
- For injection: 15 mg of verteporfin as a dark green lyophilized cake in a single-dose vial for reconstitution. (3)
 - Each reconstituted vial provides 7.5 mL solution containing 2 mg/mL of verteporfin. (3)

CONTRAINDICATIONS

VISUDYNE (verteporfin for injection) is contraindicated for patients with porphyria or a known hypersensitivity to any component of this preparation. (4)

- #### WARNINGS AND PRECAUTIONS
- Extravasation: If extravasation occurs, the infusion should be stopped immediately. The extravasation area must be thoroughly protected from direct light until swelling and discoloration have faded in order to prevent the occurrence of local burn. (5.1)
 - Exposure to Sun or Direct Light: Following injection with VISUDYNE (verteporfin for injection), care should be taken to avoid exposure of skin or eyes to direct sunlight or bright indoor light for 5 days. (5.2)
 - Anaphylactic Reactions: Immediately discontinue administration of VISUDYNE and initiate appropriate therapy if an anaphylactic or other serious allergic reaction occurs during or following infusion. (5.3)

ADVERSE REACTIONS

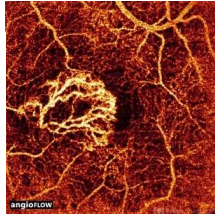
Most common adverse reactions (incidence >10%) are injection site reactions and visual disturbances. (6.1)

To report SUSPECTED ADVERSE REACTIONS, contact Basch & Lomb Incorporated at 1-800-543-5140 or FDA at 1-800-FDA-1088 or

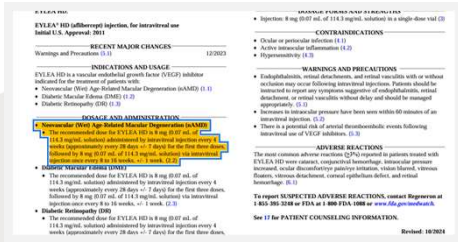
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Case 2

- 77-year-old with new onset Neovascular AMD



10



FDA Label

<https://www.accessdata.fda.gov/scripts/cder/daf/index.cfm?event=BasicSearch.process>

11

What is the appropriate next step

- A. You know for certain that Eylea HD is FDA approved for the diagnosis of NVAMD, therefore you grab a drug from the fridge and perform the intravitreal injection.
- B. You pause and decide to give the chart to your manager to verify that insurance will pay prior to treatment.

12

Policy Changes and Lack of Transparency

Private payers may not actively communicate changes to their policies or guidelines to providers in a clear and timely manner, making it difficult for providers to stay updated.

This lack of transparency can lead to situations where providers perform procedures or prescribe treatments that are later denied coverage due to a policy change, they were unaware of.

13

Prior Authorization

Under medical and prescription drug plans, some treatments and medications may need approval from your health insurance carrier before you receive care

14

Step therapy

Step Therapy Criteria

Eylea

Eylea, when prescribed for Neovascular (Wet) Age-Related Macular Degeneration, may be covered when any of the criteria listed below are satisfied:

- History of a trial of at least 3 consecutive doses given monthly, resulting in minimal clinical response to compounded Avastin (bevacizumab), or
- History of contraindications or adverse event(s) to compounded Avastin (bevacizumab), or
- Continuation of prior therapy within the past 365 days.

15

Biosimilars

• Ishii-Watabe A, Kuwabara T. Biosimilarity assessment of biosimilar therapeutic monoclonal antibodies. *Drug Metab Pharmacokinet.* 2019;34(1):64-70. doi:10.1016/j.dmpk.2018.11.004

Development of biosimilar therapeutic monoclonal antibody

Biosimilarity is established based on the data showing the comparable quality, PK/PD, efficacy and safety.

16

Out Of Pocket Costs Matter!

- Copay - A copay is a fixed amount you pay for a covered health care service, usually at the time you receive the service. Copays are a shared cost between you and your insurance company
- Deductible - A deductible is the amount of money you pay before your insurance covers the rest of a claim

17

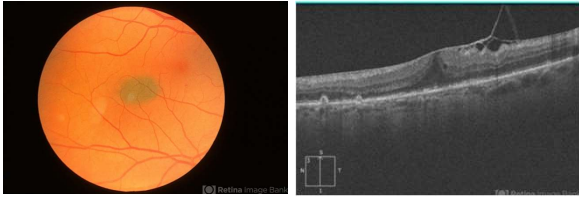
How Payers Impact Clinical Care

- Authorization requirements may affect the timeliness of care
- Payers may restrict or narrow treatment options

regeneron

18

Case: 65-year-old male



19

Bundled Codes and Mutually Exclusive Codes

- The National Correct Coding Initiative (NCCI) edits, which are used by Medicare and many commercial payers, often bundle certain procedures together, meaning they are considered to be part of the same service and only one code should be billed.
- In some cases, the procedures are considered mutually exclusive, meaning that one procedure is generally considered to provide the same information as the other, and therefore, both should not be billed.

20

Local Coverage Determination (LCD)

Scanning Computerized Ophthalmic Diagnostic Imaging

L35038

Expand All | Collapse All

*Note: Please see next bullet if undergoing active treatment.

- No more than one (1) exam per month will be considered medically reasonable and necessary to manage the patient with retinal conditions undergoing active treatment, or in conditions suggestive of rapid deterioration. These conditions include wet AMD, choroidal neovascularization, macular edema, diabetic retinopathy (proliferative and non-proliferative), branch retinal vein occlusion, central retinal vein occlusion, and cystoid macular edema.

Frequency of allowable diagnostic services

<https://www.cms.gov/medicare-coverage-database/view/lcd.aspx?LCDId=35038>

21

What is the appropriate management of patients in this uncertain environment?

- Do what's right for the patient
- Follow established protocols for obtaining authorization
- Take guidance from your administrative support staff
- Talk to the patient in advance about possible out of pocket costs

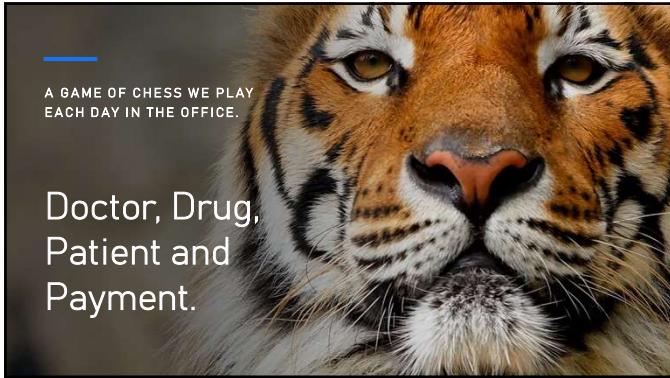
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Thank you!

+
o •

Alex Melamud MD, MA
Retina Group of Washington

23



A GAME OF CHESS WE PLAY
EACH DAY IN THE OFFICE.

Doctor, Drug, Patient and Payment.

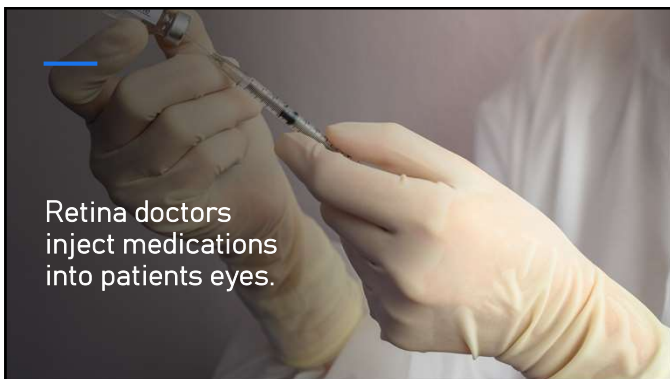
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Objectives

- Understand buy-and-bill drug purchasing of retina specialty drugs
- Appreciate the general idea of what is required for retina specialty drugs to be administered in the office
- Learn about a variety of insurances which patients who we care for in the office, what the insurances cover and what patient out-of-pocket expense are for retina injections.

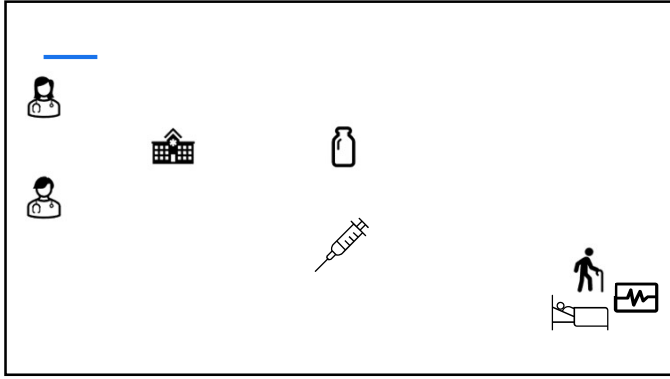
Descriptor: So many choices when it comes to retina injectable drugs, but when it comes to our patients, do we know what their insurance covers? How much should they expect to pay out-of-pocket? We will learn about this and more!

2

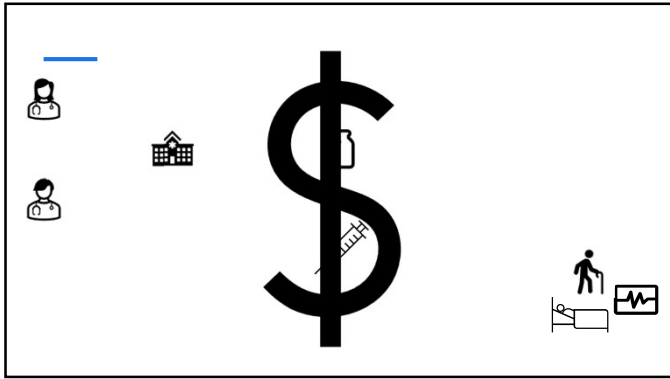


Retina doctors
inject medications
into patients eyes.

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4



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Why does this matter.

Bill and Dispense: Pharmacies do.
MD writes Rx
Rx goes to Pharmacy
Pharmacy dispense Rx to Pt.

6

Why does this matter.

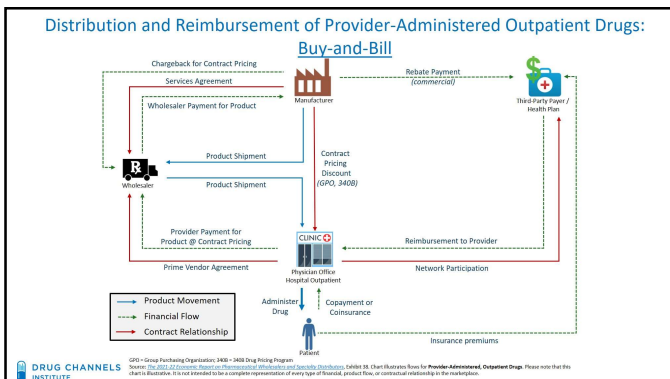
Buy and Bill: Retina Practices
 MD purchase Rx (before billing insurance/patients) in bulk
 Not patient specific
 Obtained from Distributors: AmerisourceBergen (Con***), Cardinal, McKesson
 Wholesale negotiated prices
 Drug now is owned by the Doctor.

7

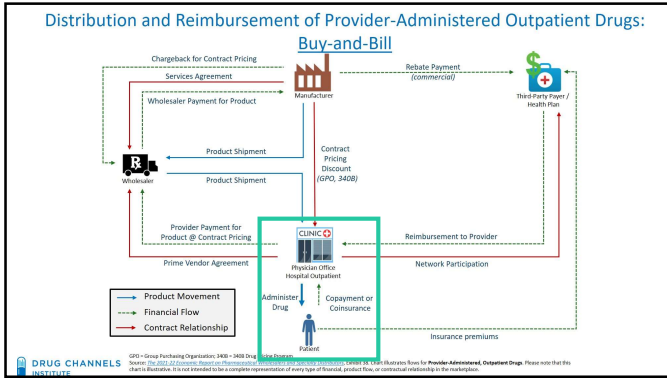
Drug now owned by Doc

- Drug is now owned, stored, and administered
 - Inventory management
 - Administered to patient
 - Insurance will cover none, some or all of the cost of the medication.
 - Whatever insurance does not cover, the patient has to pay.

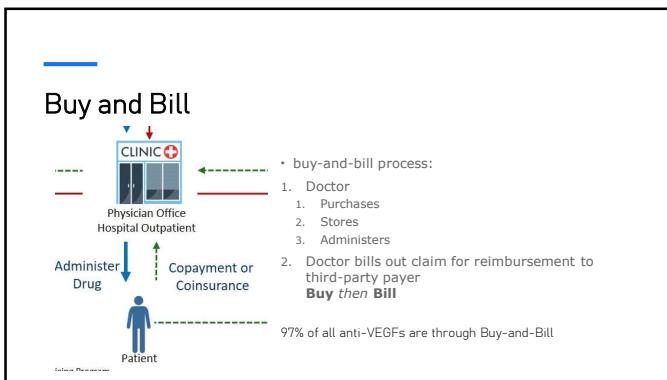
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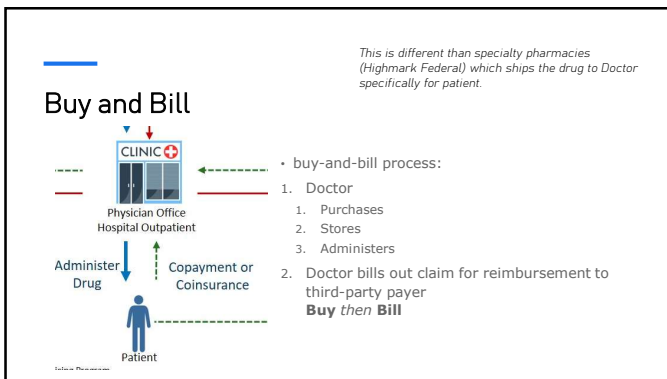
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11



12

Doctor Responsibility in Buy-and-Bill

- Ordering and purchasing the drug (*Forecasting*)
- Managing drug inventory at the practice (*Inventory*)
- Prescribing and administering the drug to a patient (*Medicine*)
- Submitting reimbursement claims for a drug and related professional services (*Billing*)
- Collecting a patient's coinsurance or copayment for all services (*Collections*)

13

Doctor Responsibility in Buy-and-Bill

- Ordering and purchasing the drug (*Forecasting*)
- Managing drug inventory at the practice (*Inventory*)
- Prescribing and administering the drug to a patient (*Medicine*)
- Submitting reimbursement claims for a drug and related professional services (*Billing*)
- **Collecting a patient's coinsurance or copayment for all services (*Collections*)**

14

If a patient has insurance, how much out of pocket expense do they have for their anti-VEGF drug?

- A. All of it, insurance covers none of their drug costs
- B. Some of it, depends on their insurance
- C. None of it, if they have insurance they are set!
- D. None of the above

15



Out of Pocket Expenses for Injectable Therapies

16



Young <65

Old >65

17

Younger Patients Insurance Options

- Commercial PPOs, HMO, HDHP (66%)
- Medicaid or State directed department Assistance (18%)
- Veterans Affairs/Tricare (3.5%)

18

Younger Patients Insurance Options

- Commercial PPOs, HMO, HDHP (66%)
 - Copay assistance via Pharmaceutical Company (i.e. Eylea4U, Genentech Ophthalmology Program)
- Medicaid or State directed department Assistance (18%)
 - ***
- Veterans Affairs/Tricare (3.5%)
 - Can be covered up to 100%--(Means testing)

19

Older Patients Insurance Options

- Commercial Insurance
 - If spouse or patient works
- Medicare A+B
- Medicare C (Medicare Advantage Plan)

20

Anti-VEGF Breakdown Insurance

- Medicare FFS -46%
- Medicare Advantage-26%
- Commercial-20%
- Federal (VA/DOD) -3%
- Medicaid-3%

21

Medicare

- 65+
- People of any age with certain disabilities
- People of any age with end stage renal disease

22

Parts A, B, C & D

- A: (HOSPITAL) Inpatient hospital, SNFs, hospice, home healthcare
- B: (Medical): Physician services, outpatient care, Durable medical equipment, Home Health, Preventative
- C: (Advantage): Alternative to A&B, Private companies execute
- D: (Drug) Companies offer retail drug coverage to Medicare beneficiaries
- F/G (Medigap)

23

Older Patients Insurance Options

- Commercial Insurance
 - If spouse or patient works
 - *Drug company assistance*
- Medicare A+B
 - *Medicare benefit: Administered in office/Clinic, Buy & Bill*
- Medicare C (Medicare Advantage Plan)

24

Out of Pocket	Part B	Part C
Premium	>174.70 (2024)	Varies
Deductible	240	Varies
Copays		Varies.
Coinsurance	20% of the Medicare-approved amount for the covered services you use	Varies, may set for some coinsurances
Out-of-Pocket Max	No limit unless Medicare Supplement Insurance/Medigap/Part F	8,850 limit in 2024

25

Case Examples

- 1. 30 year old male with DME you are planning to do an injection of Eylea HD on, he wants to know how much out of pocket should he expect. His insurance is through:
 - VA
 - Commercial PPO
 - Medicaid

26

- Your parents are calling you on the phone and want to know if you can help them determine which insurance they should choose. Your dad gets Vabysmo for wet macular degeneration. What would you say their out of pocket would be for his vabysmo if he gets:
 - Medicare A+B
 - Medicare part C (Medicare advantage plan)
 - Medicare A+B+ F/G

27

Foundations

- **What is a Chronic Disease Fund (CDF)?**
- A financial assistance program for patients with chronic conditions like **wet macular degeneration (wAMD)**.
- Helps cover out-of-pocket costs such as **co-pays, deductibles, and medication expenses**.
- Funded by **charitable donations, grants, and pharmaceutical companies**.

28

Why does it matter for MA patients

- Medicare Advantage plans often have **high out-of-pocket costs** for wAMD treatments.
- **Anti-VEGF injections** can be expensive.
- CDFs help make treatment **more affordable** and accessible.

29



1



2



3

Insurance?
 Its a way to protect against loss in exchange for a fee
 *required
 *optional

The diagram features the word "INSURANCE" in the center, surrounded by six icons: a medical cross for "health", a money bag for "wealth", a person for "life", a car for "vehicle", a person at a desk for "retirement", and a house for "property".

4

Insurance
 From medical school to attending...

- Auto
- Home
- Disability
- Umbrella
- Whole life/Term
- LTC

The diagram features the word "INSURANCE" in the center, surrounded by six icons: a medical cross for "health", a money bag for "wealth", a person for "life", a car for "vehicle", a person at a desk for "retirement", and a house for "property".

5

Insurance
 Fellow

- Salary net \$50,000


The book cover features a portrait of Tom Burns MD and the text: "As told by ROBERT KIYOSAKI Author of the International Best Seller RICH DAD POOR DAD", "WHY DOCTORS DON'T GET RICH", "How YOU Can Create Freedom with Passive Income Investing", and "TOM BURNS MD".

6

Insurance

Auto

- Three numbers: 250/500/100 etc.
- Policy limits
 - Bodily injury per person
 - Bodily injury per accident
 - Property damage per accident
- Collision: deductible
- Comprehensive: deductible

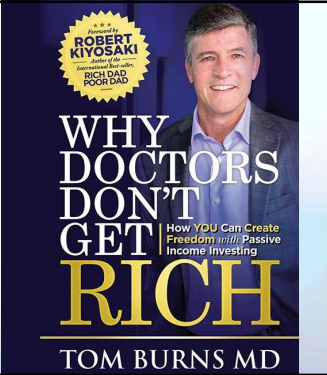


7

Insurance

Fellow

- Salary net \$50,000
- \$50000-\$24,000=\$26000 (🚗)




8

Insurance

Home

- Liability limits: Deductible
- Riders
 - Jewelry, watches



9

Insurance

Home

- Liability limits: deductible
- Riders
 - Jewelry, watches

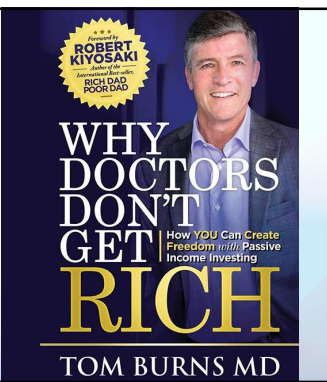


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Insurance

Fellow

- Salary net \$50,000
- \$50,000-\$24,000=\$26,000 (🚗)
- \$26,000-\$8,000=\$18,000 (🏠)



11

Insurance

Disability

- Short term
- Long term
- Work offers some form, limited
- Income replacement ~60%
- Medical Coverage etc
- Personal
- Stackable
- Own occupation
- Definition of disability
- Length of waiting period
- Your income
- Length of benefits




12

Insurance

Disability

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- Long term
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13

Insurance

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14

Insurance

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 - Medical Coverage etc
- Personal
 - Stackable
 - Own occupation
- Definition of disability
- Length of waiting period
- Your income
- Length of benefits



15

Insurance

Disability

- Some can't increase the premiums...locked in
- Paul revere from residency \$2,000
- MassMutual \$1,505 180 day waiting period.
- Metlife \$15,000 90 day waiting period
- If I became disabled. Would be living off of \$18,505 a month or \$222,060 a year 🙌
- Premiums \$350 a year MM, \$500 for PR, \$11,000 for Metlife

Policy Description		Premium and Max
DISABILITY		
Paul Revere 6/20/2018	Disability Income	\$4,400 MC
A.I. 1/1/1996 Original Amount: \$2,000.00	Waiting Period - 90 Days Benefit Period - Accident, Age 65 Benefit Period - Sickness, Age 65 Benefit	

16

Insurance

Fellow

- Salary net \$50,000
- \$50000-\$24,000=\$26000 🚗
- \$26,000-\$8,000=\$18,000 🏠
- \$18000-\$11,850=\$6,150 🦽

17

Insurance

Umbrella

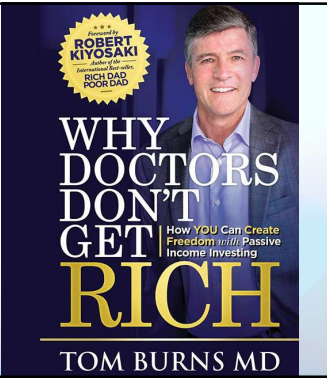
- Excess liability coverage (safety net)
- My is bundled with my Allstate (home, auto, umbrella)
- Cheap
- Remember the auto liability? Slip and falls etc.
- Bodily injury and Property damage Annual
 - \$1 mil each occurrence
 - \$2 mil for policy period
- Personal injury
 - \$500,000 each occurrence
 - \$1 mil for policy period
- Additional dwelling rented to others...didn't get
 - \$270 a year

18

Insurance

Fellow

- Salary net \$50,000
 - \$50,000-\$24,000=\$26,000 (🚗)
 - \$26,000-\$8,000=\$18,000 (🏠)
 - \$18,000-\$11,850=\$6,150 (🚗)
 - \$6,150-\$270=\$5,880 (🌂)




19

Insurance

Life policies

- Whole Life and Term
- In case of the death of the breadwinner...what if?



20

Insurance

Term

- Affordable
- For a certain time period or "term"
- Good for growing family
- Problems
 - Time frame not fit everyone
 - Lose that value
 - Health issues may keep from getting new policy
 - Can convert to whole but usually at a set time and costly




21

Insurance

Term

- Term life
 - Principal expires March 31, 2065
 - Born 1969, 96yo!
 - \$3755 a year
 - 10 year term...




22

Insurance

Term

- Whole life
 - Guaranteed death benefit
 - Access to cash
 - Tax free death benefits
 - Tax free growth
 - Guaranteed growth
 - Policy keeps going as long as you keep paying
 - Cash value, interest and premiums go there to grow, living benefit




23

Insurance

Term

- Whole life
 - Payment
 - Level payment
 - Single payment
 - Limited payment
 - Modified whole life
 - Why insurance agents like it
 - Commission of 50-100% or first year premiums, smaller renewal commissions



24

Insurance

Fellow

- Salary net \$50,000
- \$50,000-\$24,000=\$26,000 (📉)
- \$26,000-\$8,000=\$18,000 (📉)
- \$18,000-\$850=\$17,150 (📉)
- \$6,150-\$270=\$5,880 (📉)
- \$5,880-\$3,755=\$2,125 (📉)

As quoted by **ROBERT KIYOSAKI**
Author of the International Best-seller
RICH DAD POOR DAD

WHY DOCTORS DON'T GET RICH

How YOU Can Create Freedom with Passive Income Investing

TOM BURNS MD

25

Insurance

Longterm Care

- LTC
- Pay for cost associated with LTC not covered under Medicare/Medicaid
- Not sick, but unable to perform 2 out of the 6 ADL's
 - Dressing, bathing, eating, toileting, continence, transferring, walking
- Home coverage, private nurses, adult daycare etc.
- New when I started CFP class
- Genworth, premiums suppose to be fixed, had to raise, got sued. Now has a fixed options
- \$3700 premium

WHOLE LIFE INSURANCE

26

Insurance

Fellow

- Salary net \$50,000
- \$50,000-\$24,000=\$26,000 (📉)
- \$26,000-\$8,000=\$18,000 (📉)
- \$18,000-\$850=\$17,150 (📉)
- \$6,150-\$270=\$5,880 (📉)
- \$5,880-\$3,755=\$2,125 (📉)
- \$2,125-\$3,700= **-\$1,575** (📉)

As quoted by **ROBERT KIYOSAKI**
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WHY DOCTORS DON'T GET RICH

How YOU Can Create Freedom with Passive Income Investing

TOM BURNS MD

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Physician Employment Contracts

2025 Business of Retina Meeting
Presented by: Caroline Patterson, Esq.

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1

Caroline Patterson, Esq.

Partner | Healthcare Group



Overview

- Represents practices and professionals in the health care industry in a variety of transactional, corporate, and regulatory matters.
- Experience ranges from providing counsel in mergers, acquisitions, sales and private equity investments to helping establish strategic partnerships and joint ventures among organizations.
- Provides advice to health care organizations on compliance with the Health Insurance Portability and Accountability Act (HIPAA) and federal and state fraud and abuse laws, as well as drafts and advises on ownership and compensation arrangements and assists with employment negotiations.

Degrees

- J.D., cum laude, Villanova University School of Law, 1998
- B.A., magna cum laude, Cabrini University, 1995

Honors & Awards

- Named to The Best Lawyers in America list, Health Care Law, 2023 to present

Professional Involvement

- American Academy of Ophthalmology, 2013 to present
- Member, Healthcare Businesswomen's Association, 2019-2021
- American Health Lawyers Association, 2021 to present
- Member, Pennsylvania Bar Association
- Member, New Jersey Bar Association
- Member, Montgomery County Bar Association

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The Process

- Letter of Intent
- Negotiations
- Formal Agreement
- Engaging a Lawyer



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Term & Termination

Term

- Start Date
- Length of Term
- Expiration
- Automatic Renewal v. Agreement to Renew or Extend
- Relevance to Partnership

Termination

- Right of Termination at Any Time upon Required Notice – i.e., “Without Cause”
 - Required Notice Period
- Immediate – i.e., “For Cause”
- Termination issues

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Compensation

Basics

- Base Salary
- Annual Raises (Or Not)
- Relocation Allowances
- Signing Bonuses
- Net Collections Transition

Incentive Bonuses

- Individual vs. Group Profitability
- Mechanics
- Likelihood of Achievement
 - Reason for Hire
 - Adding Physician
 - Replacing Physician
 - Entering New Market
 - Incorporating Specialist

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5

Expenses

Business Expenses

- Malpractice Insurance
 - Occurrence vs. Claims Made
 - “Tail” Upon Termination
- State License; DEA; Hospital Fees
- Dues; Subscriptions; Journals
- CME Allowance
- Cell Phone
- Automobile Allowance
- Board Certification

Fringe Benefits

- Health Insurance (family)
- Dental Coverage
- Disability Insurance
- Group Term Life Insurance
- Retirement Plans
- Time Off
 - Vacation
 - Education Leave
 - Sick Leave
 - Maternity Leave

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6

Restrictive Covenants

Non-Competition

- Non-Compete Restrictions
 - Enforceability
 - Geographic Scope and Duration
 - Public Interest
 - Liquidated Damages or Buy-Out Clauses
- Negotiating Options
 - Limit Geography
 - Limit to Termination For Cause
 - Limit if Part-Time or Employed Less Than a Year

Non-Solicitation

- Non-Solicitation Restriction
 - Enforceable
 - Less Negotiable
 - Patients
 - Referring Sources and Contractual Relations
 - Employees
 - General Advertisements

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Partnership

- Commencement Date
- Ownership Interest Sold
- Purchase Price
 - Tangible Assets
 - Accounts Receivable
 - Goodwill
- Structure
- Timing



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8

Questions?





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9

Retinal Coding Essentials

Ankoor R. Shah, MD, FASRS
Retina Consultants of Texas
3/29/2025



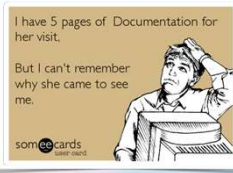
Retina Consultants of Texas

1

Outline

Retinal Coding Essentials

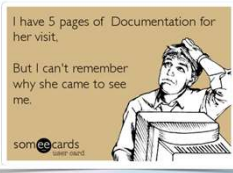
- Coding Goals
- Modifiers
 - Exam
 - Surgical
 - -25
- Diagnostics
- Eye vs E/M



2

Coding Goals

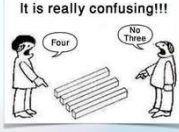
- Convert the physical work the physician has done into codes reflecting the services provided
- Avoid - Undercoding for services actually provided
- Avoid - Inaccurate Coding
- Getting paid for the work you've done - no more, no less



3

Coding Modifiers

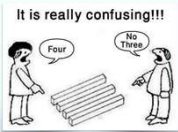

- Why do we need them?
- When appropriate allow for modification of reimbursement
- Types:
 - Level 1-AMA (ie -25)
 - Level 2-CMS (ie -TC)



4


Coding Modifiers

- Common Level 1 Clinic Modifiers
 - -24 (Exam)
 - -25 (Exam)
 - -57 (Exam)
 - -58 (Procedure)
 - -78 (Procedure)
 - -79 (Procedure)

5


Coding Modifiers



6

Coding Modifiers

- **Starting** a Global Period (**Exam** on same day or day before procedure)
- -25 for minor procedure (injections, laser/cryo for RD/tear)
- -57 for major procedure (OR surgery, focal laser, pneumatic retinopexy)




7

Coding Modifiers

- **Within** a Global Period (**Exam** during a global period)
- -24 exam for unrelated procedure during global


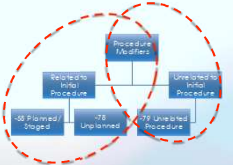
Examples:

- PDR treated OD with PRP, Pt has new floaters OS and found to have PVD
- S/p PPV for RRD OD, develops floaters OS which on exam shows retinal tear



8


Coding Modifiers

9

Coding Modifiers


- **Related Procedure Modifiers**
- -58 **Planned**/Staged or Related Procedure During the Postoperative Period
- Lesser to Greater
- Pre-planned or staged
- Treatment post diagnostic procedure
- -78 **Unplanned** return to the OR/procedure for a Related Procedure during Postoperative Period



10

Coding Modifiers

- -79 Return to the OR/Procedure for an **Unrelated** Procedure during Postoperative Period





- S/p PPV for RRD OD, develops floaters OS which on exam shows retinal tear

11

Coding Modifiers


- S/p PPV for RRD OD, develops floaters OS which on exam shows retinal tear
- -24 Modifier for the exam
- -79 Modifier for the procedure

12

Modifier Codes

- -25 Significant, Separate Identifiable Evaluation and Management Service by same physician on the same day of the procedure/service
- Applies to minor procedures same day as exam
- Minor Procedure defined - procedures with 0-10 day global



13

Modifier Codes

- How frequently can you use?
- No perfect answer - as these are frequent targets of audits
- The key is documentation to delineate the reason for the exam as separate and identifiable from the procedure.

14

Modifier Codes

- Case 1
- Pt with Iy/o AMD returns for injection in the right eye and assessment of new floaters in the left eye
- -25 modifier applies
- Link injection to wet AMD, and -25 modifier to the exam should be linked to the diagnosis for PVD

15

Modifier Codes

- Case 2
- Pt with h/o AMD s/p injection 1 week ago OD, now with blurry VA OS. Exam finds Wet AMD OS and is treated
- -25 modifier applies
- Link injection to wet AMD OS, and -25 modifier for the same diagnosis

16

Modifier Codes

- Case 3
- 32 yo Pt c/o curtain in their vision. Diagnosed with RD and treated with laser
- Would use -25 modifier because it is a minor procedure


17

Diagnostics

18

Diagnostics

- Common Imaging Types:
- OCT/OCTA (92133/4/7)
- Fundus Photos (92250)
- FA (92235)
- ICG (92240)
- FA/ICG (92242)
- B-scan (76512)



19

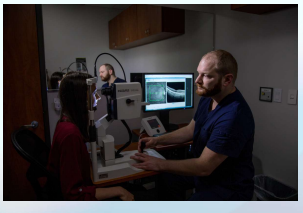


20

OCT/OCTA

- 92137 (OCTA w/Retina OCT)
- Newly introduced 1/1/2025
- 92134 (Retinal)
- Reduced Reimbursement 1/1/2025
- 92133 (Optic Nerve)

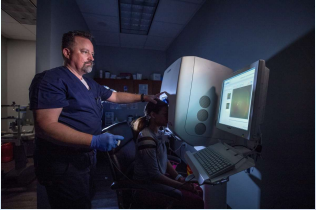
• Mutually exclusive - if multiple are done ONLY bill one



21

Fundus Photography

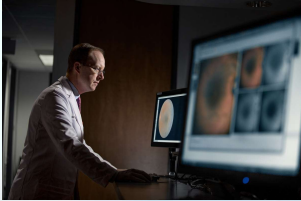
- 92250
- Bilateral code
- Includes Autofluorescence photos



22

IVFA


- 92235 or 92242 (if done with ICG)
- Unilateral or bilateral



23

ICG

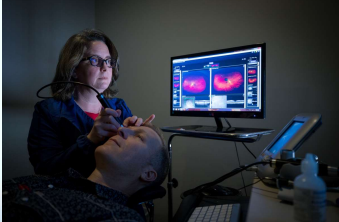
- 92240 or 92242 (if done with FA)
- Unilateral or bilateral



24

Bscan

- 76512
- UNILATERAL



25

Imaging/Injections

- Current CCI Edits for Imaging:
- 92134/7 OCT and 92250 Photos are mutually exclusive
- 92240 ICG and 92250 Photos are mutually exclusive
- 92242 ICG/FA is mutually exclusive with 92235, 92240 & 92250 but NOT 92134
- 92235 FA and 92250 Photos are NOT mutually exclusive

26

What to Do?

- If 92137 OCTA and 92134 OCT Retina, bill 92137
- If 92250 Photos and 92134 OCT, bill most relevant to diagnosis
- If 92235 FA with everything, co-list 92250 Photos
- If 92240 ICG with everything (except IVFA), co-list 92134 OCT
- If 92242 ICG/FA with everything, co-list 92134 OCT

27

What Would You Do?

- 52 yo F suspected to have wAMD vs CSR and undergoes OCT, Fundus Photos, IVFA, and ICG - how would you code imaging
- ICG/IVFA 92242
 - Mutually exclusive with 92235 (IVFA), 92240 (ICG) & 92250 (Fundus)
 - But can bill 92134 (OCT)
- **Correct: 92242 and 92134**
- **Incorrect: 92242, 92250, 92134**

28

Exams - Eye vs E/M


29

Coding Clinical Exams

Elements of Medical Decision Making (MDM)

Based on meeting 2 of 3 requirements:

1. The number and complexity of problems.
2. The amount and/or complexity of the external data review
3. The risks of complications / morbidity of the patient's condition



30

E/M Coding


Elements of Medical Decision Making (MDM)

E/M CPT Code	Problem/Diagnoses	History / Risk or Complications from additional testing or treatment	Amount and/or Complexity of Data Reviewed & Analyzed (Testing & Interpretation)
New PT / Est PT 99202/99212 (Mid-Advanced)	• 1 self-limited or minor problem	• Minimal	• Minimal or None
99203/99213 (Low)	• 2 minor problems or • 1 stable, chronic illness or • 1 acute, uncomplicated illness/injury	• Low Risk	Meet at least 1 category Category 1: Any combination of 2 from the following: • Review of prior external note(s) • Review of the result(s) of each test • Ordering of each unique test Category 2: Assessment requiring an independent history

31

E/M vs Eye

E/M Coding




99203/99213
No Treatment

99204/99214
Rx, Procedure

99205/99215
ER, Emergency

Eye Coding



92002/92012
Undilated Exam

92004/92014
Dilated Exam

32

Short Cuts

- PVD, Dry AMD, other no treatment – Level
- Wet AMD, RVO, DME with prescription dr or need for surgery
- Some Oncology, and Endophthalmitis, Mac with referral to ER -



33

New Situations

For prescriptions drug management and changes. (e K abrasion - and start erythromycin ointment =level 4 E/M f/u)

Uveitis with intensive medication management (labs to follow immunosuppressive meds)

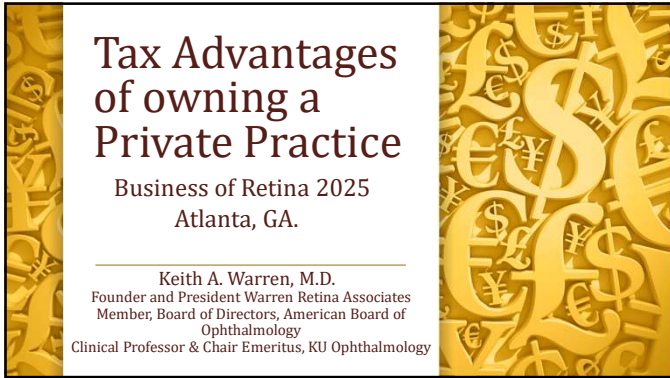
If you pick up the phone and speak with a physician document it

If you have a patient with dementia, language barrier, etc and you speak with the daughter for history, document independent historian

34

Questions?

35

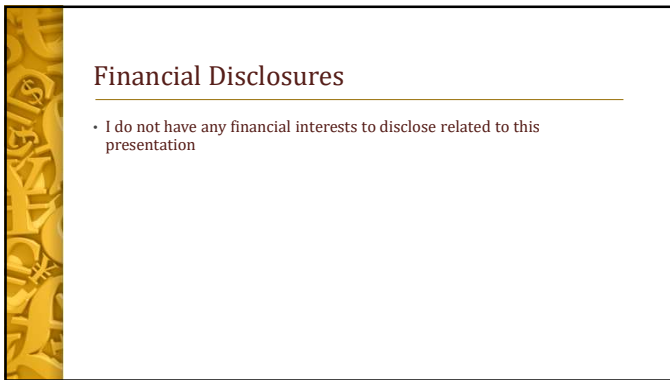


**Tax Advantages
of owning a
Private Practice**

Business of Retina 2025
Atlanta, GA.

Keith A. Warren, M.D.
 Founder and President Warren Retina Associates
 Member, Board of Directors, American Board of
 Ophthalmology
 Clinical Professor & Chair Emeritus, KU Ophthalmology

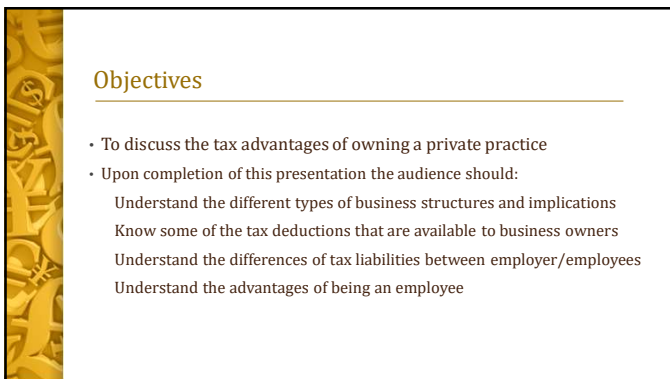
1



Financial Disclosures

- I do not have any financial interests to disclose related to this presentation


2



Objectives

- To discuss the tax advantages of owning a private practice
- Upon completion of this presentation the audience should:
 - Understand the different types of business structures and implications
 - Know some of the tax deductions that are available to business owners
 - Understand the differences of tax liabilities between employer/employees
 - Understand the advantages of being an employee


3



Disclaimer

- I AM NOT A TAX ATTORNEY OR CERTIFIED TAX ACCOUNTANT!!!!


4



Acknowledgement

- I am current in ALL of my tax liabilities
- 12 years in academia(Department Chair)
- 20 year solo private practice(Expert in Retina)
- Advised by certified Tax Accountant and Wealth Advisor(Expert in Business Taxes)
- Still learning about tax implications

5



PLEASE CONSULT YOUR ACCOUNTANT OR TAX ATTORNEY FOR ANY QUESTIONS ABOUT YOUR TAX LIABILITIES!!!


6



Owning a Business “The American Way”

- Embodies the core values and culture of the United States
- Anyone can create a business and succeed is the American dream
- Encourages Innovation, Risk taking, and self-reliance (“eat what you kill”)
- Independence, control of own success and wealth
- Government supports through legislation, funding, **tax incentives**


7



Personal Taxes vs. Business Taxes

- Most employees are “W-2” wage earners
- Taxed on basis of W-2 earnings
- Use Standard Form 1040 to assess tax liability
- Business are taxed based on the type of business structure
- Variety of tax forms required(Accountant/ Tax attorney)

8



Business Structures

Taxation depends on the business structure

- Sole Proprietorship – income on owner’s personal return(Business and self-employment tax)
- Partnership - Business income passes to partner to personal return(No Business tax, but does have Self-employment tax)
- Corporations (C Corp or S Corp)- C Corp-Tax at corporate/personal level
- **S Corp – Business income passes through to personal return (No Business or self employment tax)**
- LLC -Limited Liability Company – Business income passes to owner +/- self-employment tax

9

Deductions

Employee Deduction	Bus. Owner Deduction	Bus. Owner Deduction + Bus. Expenses
<ul style="list-style-type: none"> • Mortgage interest • Retirement contributions • Charitable contributions • Dependents and Child tax credits • HSA 	<ul style="list-style-type: none"> • Mortgage interest • Retirement contributions • Charitable contributions • Dependents and Child tax credits • HSA 	<ul style="list-style-type: none"> • Mortgage interest • Retirement contributions • Charitable contributions • Dependents and Child tax credits • HSA • Equipment/depreciation • Salaries • Self employment tax • Business travel • Office mortgage/rent • Business use of home • Defined Benefit Plan(CBP)

10

DEDUCTION EXAMPLES

11

Deductions

Business use of Home

- The space must be used exclusively and regularly for business purposes
- Home should be principal place of business, **except** if there is no other fixed location and regular administrative and managerial activities are performed there.*
- Calculate actual expenses incurred for the business portion of your home
- Exclusive use(storage room/bedroom... NOT!!!)
- Regular use
- Principal place of business*

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Deductions Business use of Home (Example)

Home area (4650 sf) Office space 18 x 24 (432sf) Office 432/4650 = 0.0929 or 9.3%

Direct expenses		Indirect expenses (9.3%)	
• Painting	\$700	• Mortgage Int. payment	\$49,200
• Office furniture	\$2,100	• Insurance	\$3,750
• Router	\$695	• Property tax	\$8,450
Total	\$3,495	• Repairs/ Replacement*	\$6,250
		• Utilities	\$6,150
		Total	\$73,800 x 0.093 \$6863

Business use of home - Deductions = \$10,358

13

Deductions Business related travel

- Allows for deduction of business-related travel expenses.
- Must be away from tax "home" and for business purposes
- Allowable expenses include, transportation, lodging, meals(50%)
- Must **keep receipts and written record** to substantiate travel
- Good benefit for employees(Retention and education)
- AAO and Business retreat

14

Deductions Business related travel (Example)

• Local Ophthalmologic Society Meeting	• Chicago AAO Meeting
Expenses - Employee salary(+)	Expenses-Employee salary(+)
Meeting Registration	Meeting registration
Meals(50%)	Meals(50%)
	Transportation
	Housing

Added Benefits
 Improves staff education and performance
 Interactions with peers from around the country
 Builds staff moral and loyalty

All of these expenses tax deductible. Greater reduction in tax liability with out-of-town Meeting

15

Deductions
Defined Benefit Plan (Cash Balance Plan)

- Type of defined benefit plan(Traditional plan and contribution plan)
 - Benefit separate from traditional 401(k) plan
 - Participants receives set percentage of yearly compensation + interest
 - Must comply with federal regulations (All employees/guaranteed)
 - Attractive employee benefit (recruitment and retention)
 - *Significant salary difference owner/employee. Up to \$380k!!!
 - Owners can contribute significantly more towards retirement*

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Deductions
Defined Benefit Plan/CBP (Example)

- 10 employee practice
- 8 employees (3% of salary/employee(24%)
- Physician owner/Administrator(51% of salary/25% of salary(76%)
- Business contributes/Plan guaranteed
- MD salary \$300,000 = \$153,000 Contribution to retirement plan


These significant contributions are ALL tax deductible as business expense

17

Summary

- Business ownership is the "American Way"
- Entrepreneurship promotes innovation, risk taking, and self-reliance
- Practice owners have more control over income
- Private practices have a wider range of deductions and retirement contribution options
- Practice owners have greater administrative complexity and responsibility for management and health of practice(People/equipment/office space, etc.)HEADACHE!
- Practice owners at greater overall financial risk


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Summary

- Employees have fixed salaries with possibility of incentives(Guaranteed!!)
- Employees have fewer business deduction available to them
- Employees enjoy simpler tax filings and employer-provided benefits(PTO/Retirement, etc.)
- Employee avoid the headache of administrative and management responsibility
- Employees avoid significant financial risk and responsibility for health/success of business

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Closing Thoughts


NO bad Choice!

There are advantages to being either a practice owner or employee

What you choose depends on your financial situation, long term goals, need for independence, risk tolerance/adversion and a willingness to shoulder the responsibility of owning a practice

The stability and simplicity of being an employee carries much less risk and has many benefits including one's overall health and well-being

20



Thank You!!!!!!

- I AM NOT A TAX ATTORNEY OR CERTIFIED TAX ACCOUNTANT!!!!!!
- PLEASE CONSULT YOUR ACCOUNTANT OR TAX ATTORNEY FOR ANY QUESTIONS ABOUT YOUR TAX LIABILITIES!!!

21

Finances for Early Career

Arjun B. Sood, MD
 Vitreoretinal Surgery and Uveitis
 Retina Associates of Western NY, P.C.

1

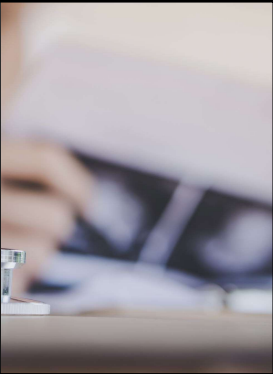
Outline:

- General Personal Finance Principles
- General Personal Finance steps
 - Protect against financial catastrophe
 - Estate Planning
 - Emergency fund
 - Student Loans & Debt management
 - Retirement

2

Personal Finance Principles


- As a physician, you have a tried and true pathway to wealth and financial independence
- Resist the urge to inflate spending too quickly with new attending salary
- Do NOT deprive yourself. Physician burnout is real. Delaying gratification will add to that.



3

Personal Finance Principles

- Pay yourself first – set aside salary towards retirement and other savings
- Learn about basic personal finances (even if you have a financial advisor)



4

Personal Finance Steps

5

Protect against financial catastrophe

- What's my plan to support myself (and family) if I can't earn money due to disability?
 - Disability Insurance
- What's my plan to support loved ones if I pass away?
 - Life Insurance
- Asset Protection
 - Umbrella Policy
 - Health, Auto, Homeowners/Rental, Malpractice

6

Disability Insurance

- “Own occupation” – if you’re unable to perform the occupation for which you’re trained, you are considered disabled
- Individually-owned (Priority)
 - Non-cancellable with guaranteed, fixed premiums
 - Policies are portable – can take them even if you depart your employer
 - Benefits are non-taxable since premiums are paid with after-tax dollars
 - Policy Riders – cost of living adjustment (COLA), future increase option (FIO), Student Loan Protection
- Employer – offered by some employers. Benefits are often taxable

7

Life Insurance

- Individually-owned
 - Term Insurance (Priority)
 - Permanent Insurance (Variable, Universal, Whole Life)
- How much Term Insurance do I need?
 - 3 Million coverage for 30 years
 - Can “ladder” your policies
 - 1 million for 10 years
 - 1 million for 20 year
 - 1 million for 30 years

8

Asset Protection

- You are a physician, and you will always have a target on your back
- Health, Auto, Homeowners, Malpractice
- Umbrella Policy (extra personal liability to cover home and auto)

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Estate Planning – Why?


- Provides a plan for how you want your finances, health and property managed when you are unable due to illness, disability or death.
- Provides a guardianship plan for minor children



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Basic Estate Plan:

- Financial power of attorney
- Healthcare Proxy
- Living will (advanced directive) – covers preferences for end-of-life care
- Will – provides instructions to transfer assets, appoint guardianship for minor children, and name an executor to oversee the estate of the deceased.



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Emergency Fund

- Why?
 - Unexpected expenses: medical emergency, car/home repair
 - Loss of job/period of unemployment
- How?
 - Create a budget
 - Set aside 3-6 months of your expenses
 - High-yield savings account is a good for money you need to keep liquid

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Debt management

Prioritizing Paying Off Debt for Physicians

Low Interest Rates	Middle Interest Rates	High Interest Rates
Below 4% interest	4% to 7% interest	7%+ interest
Will likely have a better ROI investing instead of paying off	Balance ROI potential with personal goals*	Will likely ROI better to pay off early*

www.physiciansidegigs.com

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Debt management

- Eliminate High Interest Debt (credit card, car loan)
- Home ownership (plan for it) – if new to the area, better off doing a lease prior to buying.
- Wait to buy the “doctor” home
- “Lifestyle Creep” – while you can afford a newer car, luxury items etc. it is wise not to increase spending in proportion to income

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Student Loans:

- 2023-2024: Average debt medical school graduates \$264K

Year	Average Debt	Adjusted for Inflation
1978	\$13.5K	\$64.5K
1988	\$38.5K	\$102K
1998	\$85.2K	\$163.9K
2008	\$154.6K	\$220.7K
2019	\$199.2K	\$243.5K

Source: AAMC

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Student Loans

- Standard repayment plan for federal loans is a fixed monthly payment plan that lasts up to 10 years
- Public Student Loan Forgiveness: Program that forgives debt issued by Federal Gov't after 120 payments
 - To be eligible, physicians must be employed by a non-profit, tax exempt 501(c)3 (i.e., university hospitals & community hospitals, VA, military)
 - The borrower must be enrolled in an income driven repayment plan

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Not eligible for PSLF

- Refinance your government education loans to private student loans (SoFi, Laurel Road etc.)
- Once you go private, you can't go back to federal loans and take advantage of associated programs (PSLF)

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Retirement – Employer Sponsored

- Tax advantaged accounts
 - 401K – for private, for-profit institutions
 - 403B – for non-profit, schools, hospitals, etc.
 - 457B – for government entities
- Many employers offer a “match” – should at least make minimum contributions to qualify for match
- Roth vs Traditional (some plans offer both)
 - Traditional – contributions funded with pre-tax dollars → grow tax-deferred → pay taxes when you withdraw
 - Roth – contributions funded with post-tax dollars → grow tax-deferred → tax-free withdrawal

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Health Savings Account (HSA)

- HSA
 - “Triple Tax Advantage”
 - pre-tax dollars
 - tax-free growth
 - not taxed when used for qualifying healthcare expenses

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Other Considerations:

- 529 – state sponsored plan designed to save for and invest in educational expenses (children)
- Cash Balance Plan – offered by some private practices
- Taxable accounts for excess savings

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Should you DIY or hire a Financial Advisor?

- Financial Advisor fees can vary:
 - Pay set annual fee
 - Pay hourly rates
 - Fee based on Assets Under Management (usually breakpoints)
 - 0-2 Million has 0.85% fee
 - 2-5 million 0.75% fee
 - 5+ million 0.5% fee

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Resources

- White Coat Investor
 - <https://www.whitecoatinvestor.com/>
 - Book and Online Course
- Physician Side Gigs
 - <https://www.physiciansidegigs.com/>



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Questions / Thank you!

- arjunbsood@gmail.com

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Getting Involved in Advocacy

Odette M. Houghton, MD, FASRS
Chair
ASRS Federal Affairs Committee



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Hemato-Oncology

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Financial Disclosure

- EyePoint – public stock

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It's a Great Time to Get Involved!




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3

No, Really. It is.

- Fellows and early career physicians represent the future of the profession
 - You'll be taking care of today's leaders someday
- Make connections and relationships now to help you throughout your career
- **Make sure your patients' needs don't get lost in the political debate**



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Why is Advocacy Important?

- Medicine is one of the most-highly regulated professions
 - Federal policy sets Medicare payment rates and quality metrics
 - The FDA regulates drugs, devices, and outsourcing facilities
 - State agencies regulate licensure, scope of practice, and liability
 - Federal and state entities oversee insurance coverage and payer decisions
- If you don't have a say in these issues, someone else will

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Why is Advocacy Important for Retina Specialists?

- High percentage of Medicare-eligible patients
- Anti-VEGFs for retinal disease are some of the top Medicare expenditures for Part B drugs
 - #2 Eylea, #8 Lucentis – in 2022
- Medicare Advantage and commercial payers routinely require step therapy and/or prior authorization for anti-VEGF
- The supply chain for repackaged Avastin is fragile
- ODs and other non-physicians seek to expand their scope of practice

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What Does ASRS Do?

- Advocates to Congress and the executive branch on key issues:
 - Ensuring adequate Medicare physician reimbursement
 - Maintaining physician and patient choice of treatments
 - Limiting payer utilization management practices of prior authorization and step therapy

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What is ASRS's Message?

- Retina specialists have the most training expertise in treating potentially-blinding vitreoretinal disease and are the most appropriate practitioners to make clinical judgements and provide care for those conditions
- We can protect patient access to this highest quality care by:
 - Minimizing burdensome regulations
 - Adequately reimbursing physicians for their work and practice expense
- **When we meet these goals, retina specialists can focus on what's most important: patient care**

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How Does ASRS Advocate?

- ASRS speaks with one voice for all retina specialists
 - Meeting with policymakers and payers
 - Submitting comments, statements, etc.
 - Engaging with coalitions – Alliance of Specialty Medicine, Surgical Coalition, AMA, other ophthalmic organizations
- Educate members on key policy developments
 - **We let you know when to act!**

Pass HR 879

No More Cuts!

Reform Medicare Payment

Alliance of Specialty Medicine

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9

Advocacy Works: ASRS Wins

- ✓ **Reduced MIPS Penalties** by advocating for CMS to exclude retina specialists from the diabetes cost measure
- ✓ **Expanded retina specialists' ability to succeed** in MIPS by developing three new quality measures
- ✓ **Protected patients from under-dosing** by achieving an exemption for a discarded drug rebate program for small volume single-use injectable drugs

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How Can I Make a Difference?



- Lawmakers want to hear from the people they represent and how they are affected by the policies enacted in Washington
- Only you can tell your story
 - Use your experiences to demonstrate how policies impact patients, the care you provide, and the way your practice runs
- Let politicians know how many of their voters you treat!

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Why Now?


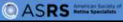
- Political issues change and volatility fluctuates
- Today's hot button issues may be forgotten tomorrow
- **But you have to start somewhere**

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How Do I Get Started?





- Sign-up to be an ASRS Grassroots Contact
- **Respond to ASRS calls to action**
 - Instant, pre-written messages
- Visit asrs.org/grassroots for tips and resources
- Find out who your legislators are and learn about them
 - House.gov & senate.gov
- Make sure you're registered to vote – even if you don't plan on staying where you are for long
 - Re-register when you move

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How Do I Learn About the Issues?


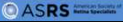
- Visit ASRS.org and read the weekly newsletter *Advocacy and Practice News* on Tuesday afternoon
 - Keep an eye out for additional timely alerts to take action
- Read the newspaper
 - National ones – NYT, WaPo, WSJ, LA Times
 - Local news
 - Sign up for legislator newsletters
- **Don't worry – ASRS will give you talking points!**

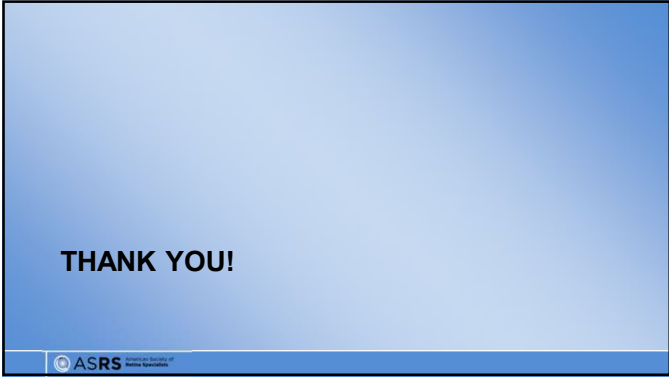
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Want to Get More Involved?

- Represent ASRS at the annual Alliance of Specialty Medicine Advocacy Conference in Washington, D.C.
 - July 14-16, 2025
- Meet with your legislator back home, or invite them to your practice
 - ASRS can help facilitate

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THANK YOU!

ASRS
